

Calming the Storm

Lesson Objectives

- The children will describe how Jesus took care of the disciples when they were afraid.
- The children will compare the response of the disciples vs. Jesus' response to the storm.
- The children will identify ways that Jesus cares for them.

Lesson Text

Mark 4:35-41

Scripture Memory Verse

"Even the wind and the waves obey him!"

Mark 4:41

Lesson Plan

Greeting and Registration

Preclass Activities: Create a Boat

Welcome and Singing

Centers:

Bible Story: Jesus Calms the Storm

Life Application: No More Fear

Craft: A Disciple's Boat

NOTE: Be sure to allow sufficient time for a snack.



Pre
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Calming the Storm

Miracles of Jesus

Lesson 1

Create a Boat

The children will make fish and decorate the boat in which Jesus and his disciples traveled (to be used later in the Bible story).

Materials

For each child:

- scissors (child safety)
- crayons
- blue construction paper

For the teacher:

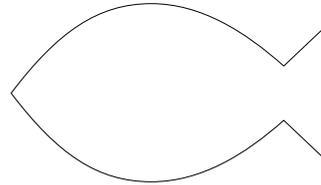
- glue
- 1" button (optional)
- yarn
- refrigerator box or 2 large boxes
- colored construction paper

Reproducible Pages:

- Page A, 1 copy for the teacher

Preparation

1. Cut out the fish stencil from the copy of Reproducible Page A.
2. Trace one fish on colored construction paper for each child.
2. If you do not have a refrigerator box, tape 2 large boxes together to form a "boat."
3. Make two additional fish and decorate them as models.



Instructions

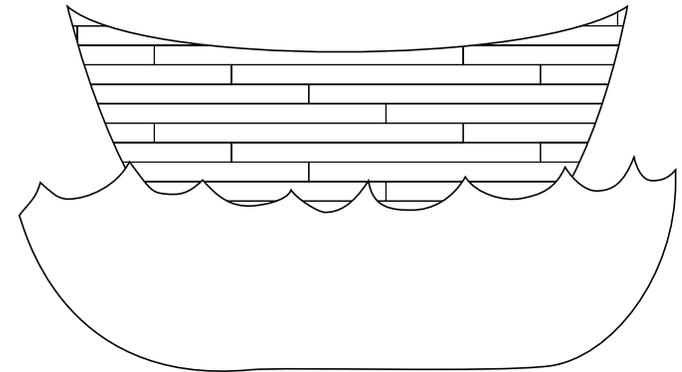
1. Have each child cut out and decorate one fish.
2. Have the children tear the blue construction paper into pieces and glue them onto the sides of the boat making it appear to be in the water.
3. Have the children glue their decorated fish onto the boat.
4. Give the boat to the Bible Story teacher.

Conclusion

Tell the children that this is just like a boat that Jesus was in and in the Bible story they will get to ride in it and hear the story of Jesus and a big storm.

Teacher Tips

If you do not have any blue construction paper the children can color the boat with blue crayons.



Calming the Storm

Jesus Calms the Storm

This story will teach the children that Jesus can handle any situation.

Lesson Text

Mark 4:35-41

Materials

For the teacher:

- poster board—to make thunder sounds
- water spray bottle
- sheet—to create the waves
- boat from the Preclass Activity
- Bible

Preparation

Practice telling the story.

Instructions

The children will act out the story while the teacher narrates and directs the children.

Has anyone ever been in a storm? Today we are going to act out a story from the Bible about a time when Jesus and his disciples were in a storm. I'm going to need your help acting out the story.

Choose a child for each of the following roles:

- Jesus, to stand to the left of the boat.
- Two or more children to play disciples to stand to the left of the boat.
- Two children to hold the sheet to make waves, on their knees, holding each end of the sheet in front of the boat.
- One child to hold and shake the poster board to make thunder, to stand next to the teacher

With a Bible opened to Mark 4 say: *One evening Jesus and his disciples got into their boat to cross to the other side of the lake. Have Jesus and his disciples get into the boat. Jesus was so tired, he decided to take a nap. How many of you take naps? Let the children respond. Jesus got tired just like you and I do. Have Jesus lie down in the boat. While Jesus was asleep there was a big storm, open your arms wide depicting the size. The waves got very big! Have the children start shaking the sheet. There was thunder! Have the child shake the poster board. The wind was blowing strong. Can you tell*

me how the wind sounds? Help children make wind noises with their mouths and wind motions by waving their arms. Water was splashing all over the place. Spray the water over the heads of the children using the spray bottle.

The disciples were so scared! Look wide eyed and afraid. Raise your hand if you've ever been afraid before. Well, that's how the disciples felt, they were very scared! Have the children in the boat look scared. They turned to Jesus for help, but he was asleep. Can you believe that Jesus could sleep during this big storm? The disciples were upset. They needed Jesus to help them. But what was Jesus doing? Give the children a chance to respond. That's right, he was sleeping! So the disciples went over and woke Jesus up. Have the children in the boat, wake Jesus up.

The disciples said, "Teacher, don't you care if we drown?" (Mark 4:38) Jesus got up and told the wind and the waves to be quiet and be still! Have the children stop shaking the sheet and poster board. Say to the children in a whisper: guess what happened? It stopped, the whole storm stopped! Everything was quiet. Pause. Listen to how quiet it is. Put your hand up to your ear as if listening. Isn't it amazing, the wind and the waves listened to Jesus. This scared the disciples too! No one had ever stopped a storm before, just by saying "be quiet."

Jesus is so powerful he can even control a storm.

Conclusion

Who was afraid of the storm? Yes the disciples were. Was Jesus afraid of the storm? No. Why not? (He had control of the storm, he is God, he is powerful) Jesus didn't need to be afraid because he knew that he could control the storm.

Ask the children to tell you of a time when they were afraid.

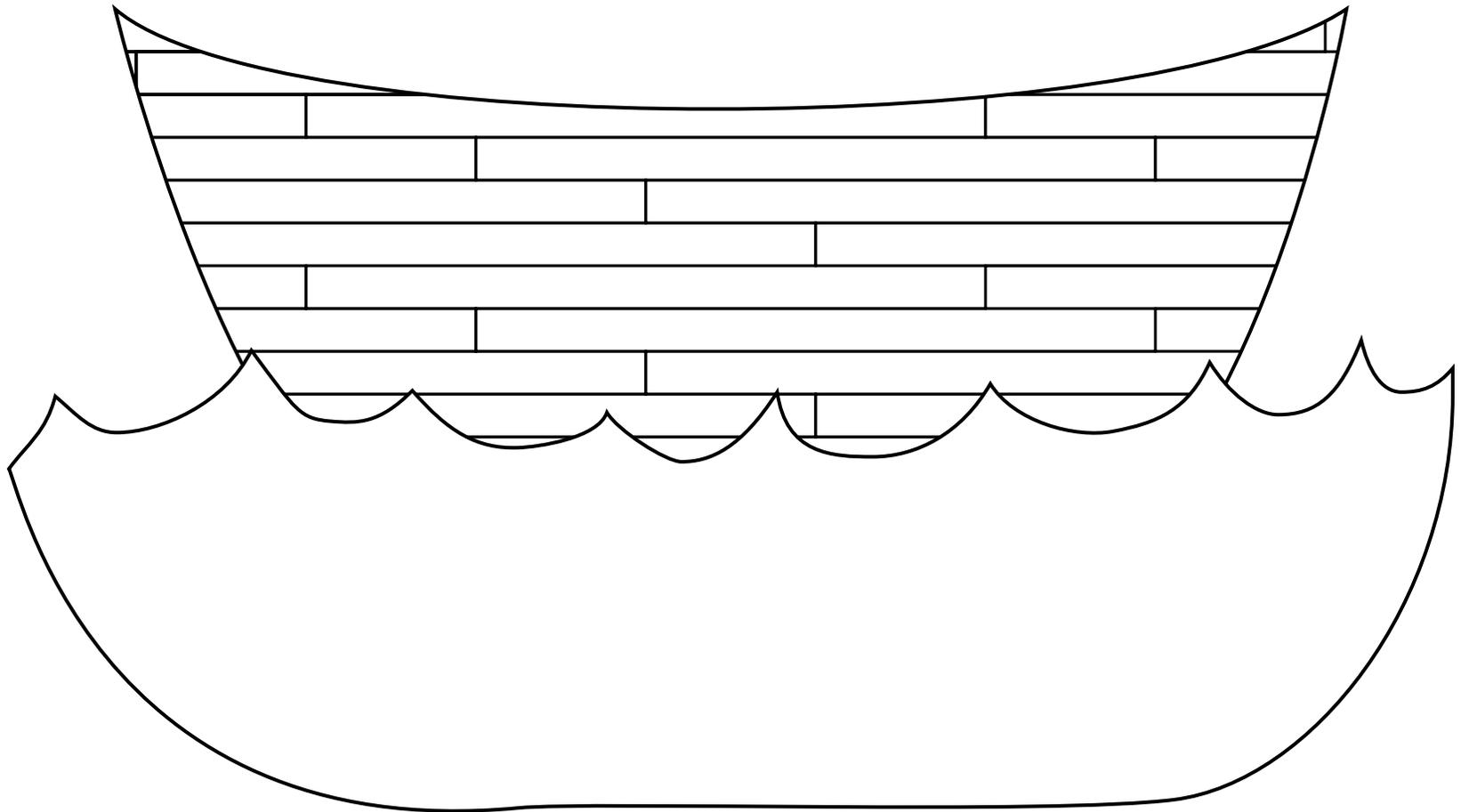
You can pray for Jesus to help you to be brave and say "be quiet" to the scary feelings. He can protect you just like he protected the disciples.

Teacher Tips

Be very animated in the way you express the story.



Calming the Storm



Calming the Storm

No More Fear

The children will identify the ways that Jesus cares for them.

Scripture Memory Verse

"Even the wind and the waves obey him!"

Mark 4:41

Materials

For the teacher:

- magazines
- scissors
- construction paper
- glue stick

Preparation

1. Collect and sort pictures from magazines which show how God cares for us. (parents, friends, police officer, teachers, doctors, food, sunshine)
2. Cut out the pictures and glue them onto pieces of construction paper to make them more colorful and easier to handle.

Instructions

Introduce the children to the center by asking the following questions:

- Have you ever been in a storm? (Jesus and his friends were in a storm.)
- What was it like? (The Bible story says the waves were high and the wind was strong.)
- Were you afraid? (The disciples were afraid.)
- What did you do? (The disciples asked Jesus to help them.)

Let the children give examples of times when they were afraid.

Ask them what things they are afraid of? Let them talk of how they feel when they are afraid. (ready to cry, too scared to move, too scared to talk, a fast heart beat) Then talk about how they can imitate the disciples by praying to God during these times to calm their fears. They can also talk to their parents and friends to get help.

Ask the children, *what are some things that God has given us that show he loves us and cares for us?* If they mention things that you have pictures of, hold up that picture and discuss it with the children. Discuss some of the other pictures you have and explain how God helps us.

Conclusion

Choose at least one child to say a prayer. Make sure they emphasize how God can help us when we are afraid and all the ways that Jesus cares for us so we do not need to be fearful.

Encourage the children that they can help their friends to not be afraid too by praying for them. *Is there a friend you can tell about how Jesus said "be quiet" to the wind and waves? You can teach them to pray when they are feeling scared and to say "be quiet" to the scary feelings!*

Teacher Tips

- When talking about children's fears dwell on God and Jesus more than on their fears. Relate how Jesus took care of the disciples and he will also care for the children.
- In the group discussions, be aware of any children who are not talking and help to bring them out through encouragement. Draw the child nearer to you by putting your hand around him or on his shoulder.



Calming the Storm

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“Even the wind and
the waves obey him!”

Mark 4:41



Calming the Storm

A Disciple's Boat

Each child will make a boat with a sail and a figure that represents himself.

Materials

For each child:

- crayons
- yarn
- 2 craft sticks
- 1 Styrofoam cup

For the teacher:

- glue
- scissors

Reproducible Pages:

- Page B, 1 copy for each child
- Page C, 1 copy for each child

Preparation

1. Cut out the boat, child, and memory verse flag from the copies of Reproducible Pages B and C.
2. Make a model of the craft following the instructions.

Instructions

The Bible story today is about a big storm that makes the disciples very afraid. But Jesus is able to help them. Jesus can help us any time we are afraid because he is very powerful. Show the children the model craft. Here is me inside a boat just like the disciples were in a boat in the Bible story. I am happy because Jesus is protecting me.

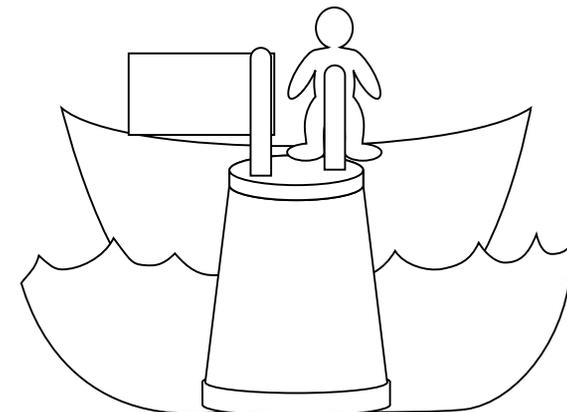
1. Give each child a boat shape and have them color it with dark crayons. Show them that the bottom of the boat is waves. And the upper part of the boat is wood. *What color are waves? Yes they're blue. And what color is wood? Yes, brown.*
2. Give each child a figure to decorate to look like himself.
3. Help each child glue their figure to a craft stick.
4. Give each child a flag to color and glue onto the top of a craft stick.
5. Give each child a Styrofoam cup to glue their boats onto. See Figure A.
6. Have the children stick the figure and the flag into the Styrofoam cup. See Figure B.

Conclusion

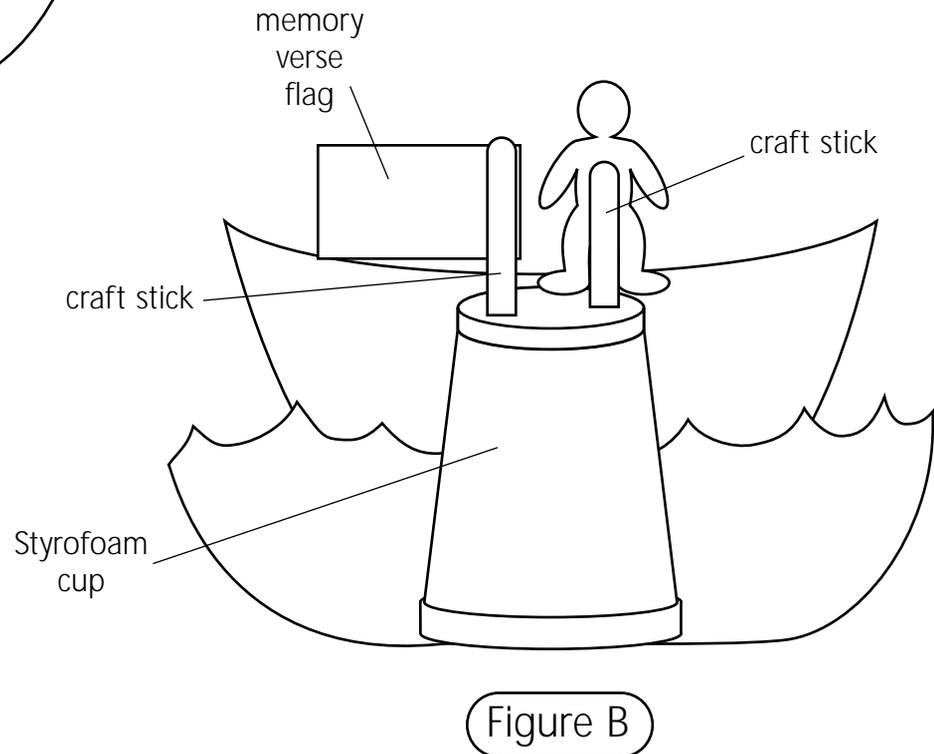
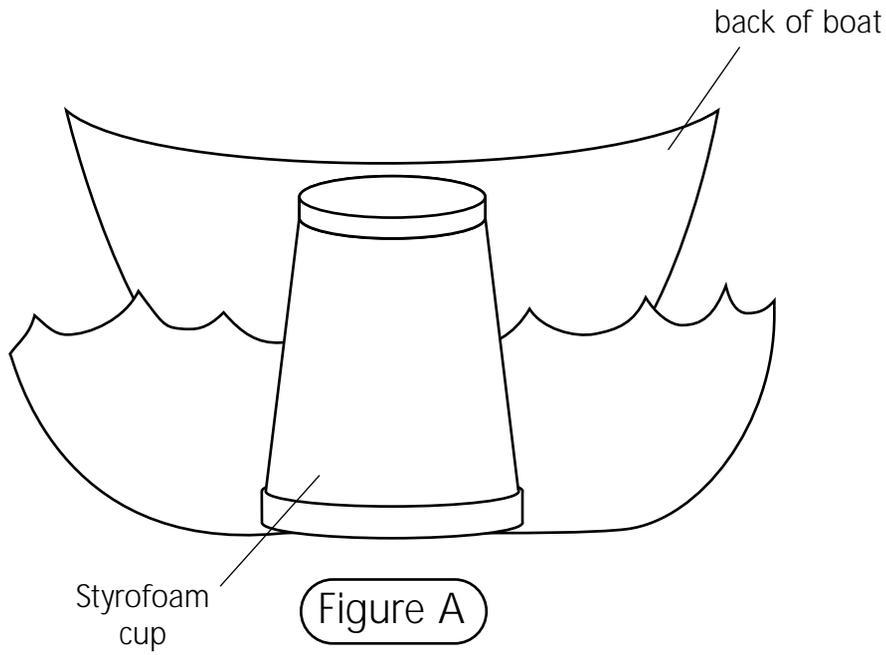
As time allows, let each child talk about his boat. Remind them that this is only one of the many ways Jesus took care of his disciples.

Teacher Tips

Let the children personalize their figure in the boat to their liking. The water does not have to be blue and the boat does not have to be brown.



Calming the Storm





Pre class



Calming the Storm

Lesson Objectives

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- The children will identify ways that Jesus cares for them.

Lesson Text

Mark 4:35-41

Scripture Memory Verse

"Even the winds and the waves obey him!"

Mark 4:41

Boats and Flags

The children will make a sail to be used in the game center.

Materials

For each child:

- crayons or markers
- scissors

For the teacher:

- glue stick
- pen
- 1 plastic bag to hold sails
- colored construction paper
- scissors
- 1 large piece of poster board

Lesson Plan

Greeting and Registration

Preclass Activities: Boats and Flags

Welcome and Singing

Centers:

Game: Pin the Sail on the Boat

Craft: God Takes Care of Us

Life Application: No More Fear

NOTE: Be sure to allow sufficient time for a snack.

Preparation

1. Draw a large simple boat on the poster board and cut it out. It should be about two feet long.
2. Cut a long thin piece of poster board as a mast for the boat.
3. Glue the mast onto the center of the boat so that it sticks straight up.
4. Draw and cut out a simple triangle sail from construction paper for each child. It should be large enough to go on the mast of the boat.

Instructions

1. Have each child color a flag and put her name on it.
2. After each child has colored a flag have them rip pieces of construction paper and glue them onto the boat.
3. Place all of the sails in a bag and give them and the boat to the game center teacher.

Teacher Tips

Be aware of the children who arrive late and give them a sail to color.



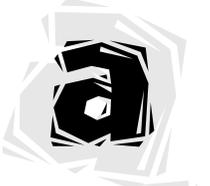
Pin the Sail on the Boat

The children will be reminded of the story of Jesus calming the storm as they play this game.

Materials

For the teacher:

- boat from the Preclass Activity
- bag of sails from the Preclass Activity
- 1 blindfold
- tape
- 1 prize for each child such as stickers (optional)



Preparation

Tape the boat onto the wall.



Instructions

Who can tell me about the Bible story that we learned this week? Who was in the story? Yes, Jesus and his disciples. What were they riding in? Yes a boat. Maybe a boat like this one on the wall. But the boat on the wall doesn't have a sail. We're going to need to put one on it.

1. Explain to the children that they are going to be blindfolded, turned around and then they will have to try and put the sail onto the top of the boat's mast.
2. Have the children stand in a line.
3. Roll a piece of tape and put it on the back of his sail and give it to him.
4. Blindfold the first child in line.
5. Turn the child around three times, then face him toward the boat.
6. Tell him to walk straight and put his sail on the boat.

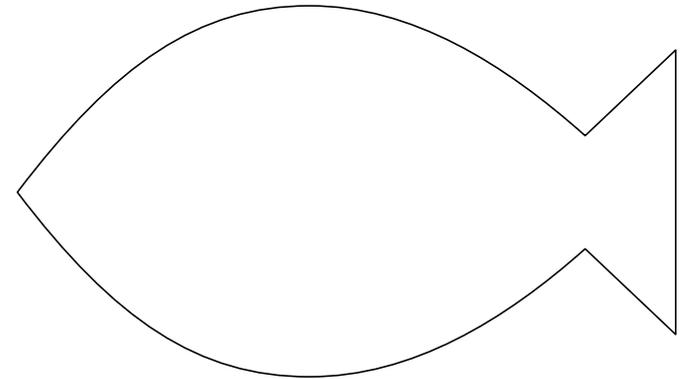


Conclusion

Ask each child to tell you of a way that Jesus takes care of him. Then give him a prize for playing the game.

Teacher Tips

- Focus on how Jesus took care of the disciples any how he takes care of each of the children.
- Give each child a prize, however, have a different small prize set aside for the child who pins the sail closest to the pole.



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Calming the Storm

God Takes Care of Us

The children will create a picture of themselves in God's hands. This will help them to see how God takes care of them.

Materials

For each child:

- crayons or markers
- scissors
- glue stick
- 1 piece of construction paper

Reproducible Pages:

- Page D, 1 copy for each child

Preparation

1. At the bottom of each piece of construction paper write: "Even the wind and the waves obey him!" Mark 4:41
2. Make a model of the craft following the instructions.

Instructions

1. Give each child a copy of Reproducible Page C and have them cut out the picture of God's hands.
2. Have each child draw a picture of himself inside of God's hands.
3. Have each child choose a piece of construction paper and glue the picture of God's hands onto it.

Conclusion

Remind the children that God's hands are big enough to hold each of them with great care and love.

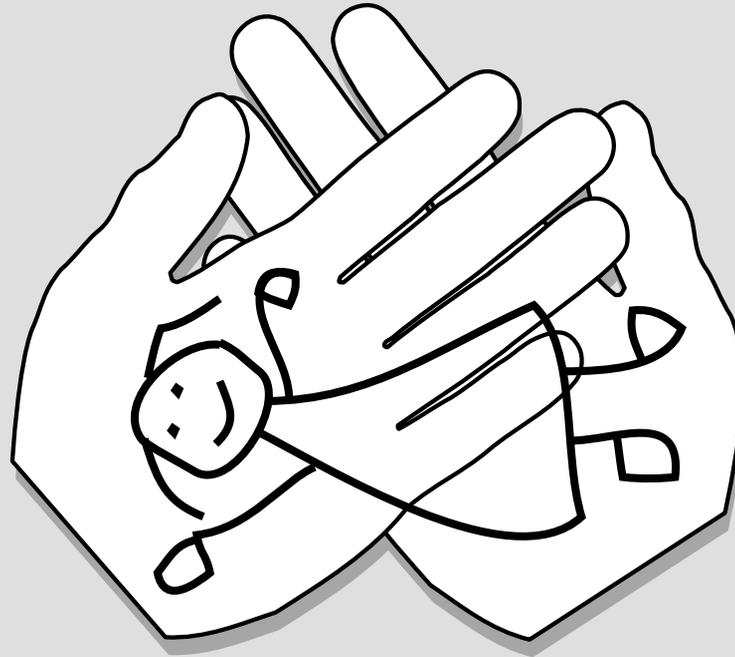
Teacher Tips

- Talk about how big and mighty God's hands are, but also how gentle they are to help and protect us.
- Cut out a few of the pictures of God's hands for any children who may have trouble.
- Make a few extra copies for children who have a hard time but want to try again.
- Some children may want to draw other people with them inside God's hands.



Calming the Storm

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"Even the wind and the waves obey him!"
Mark 4:41



Calming the Storm

No More Fear

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Calming the Storm

“Even the wind and
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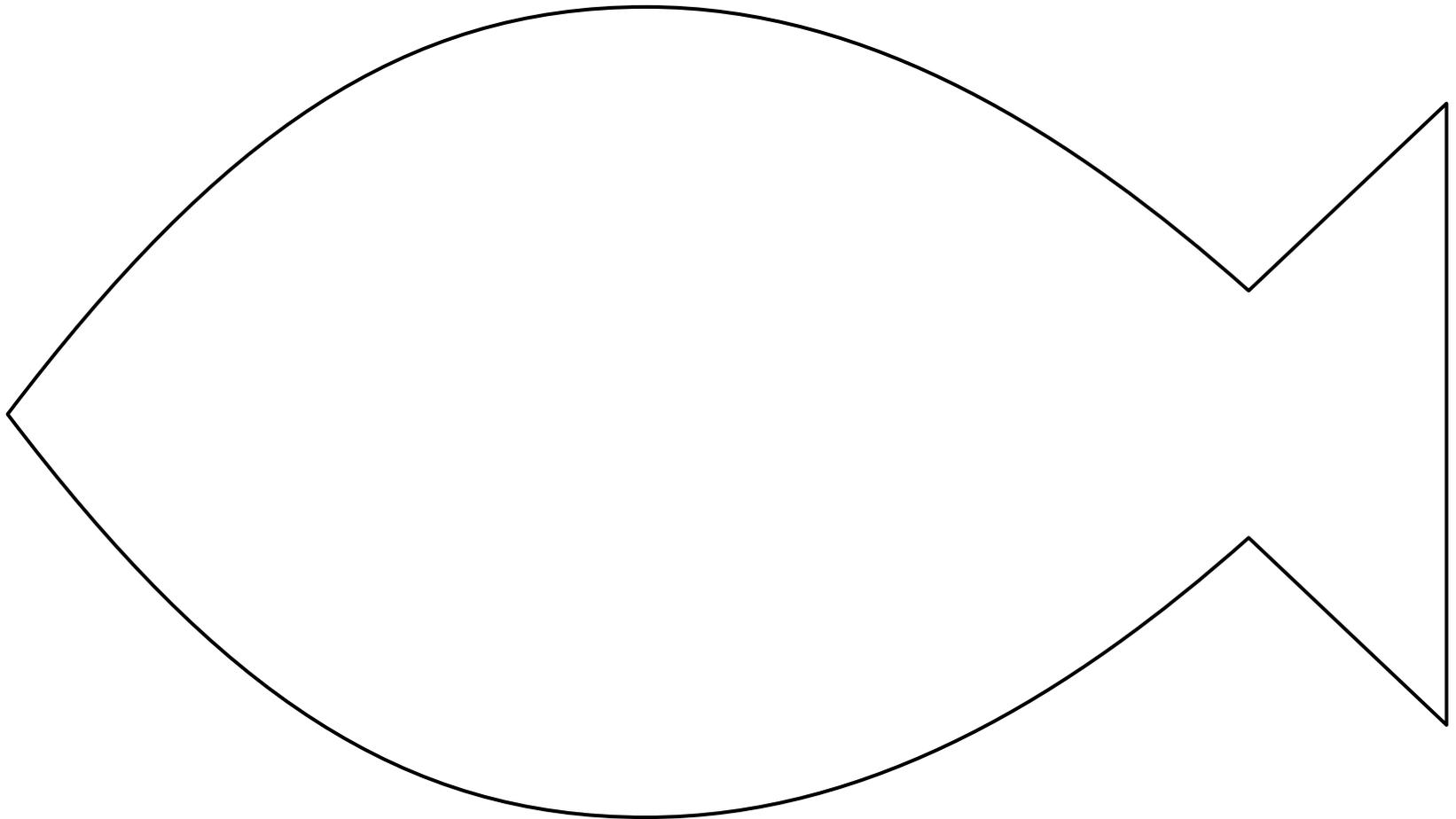


Core/Preclass
1 copy for the teacher

Read-Observe-Write

Page

A



fish stencil

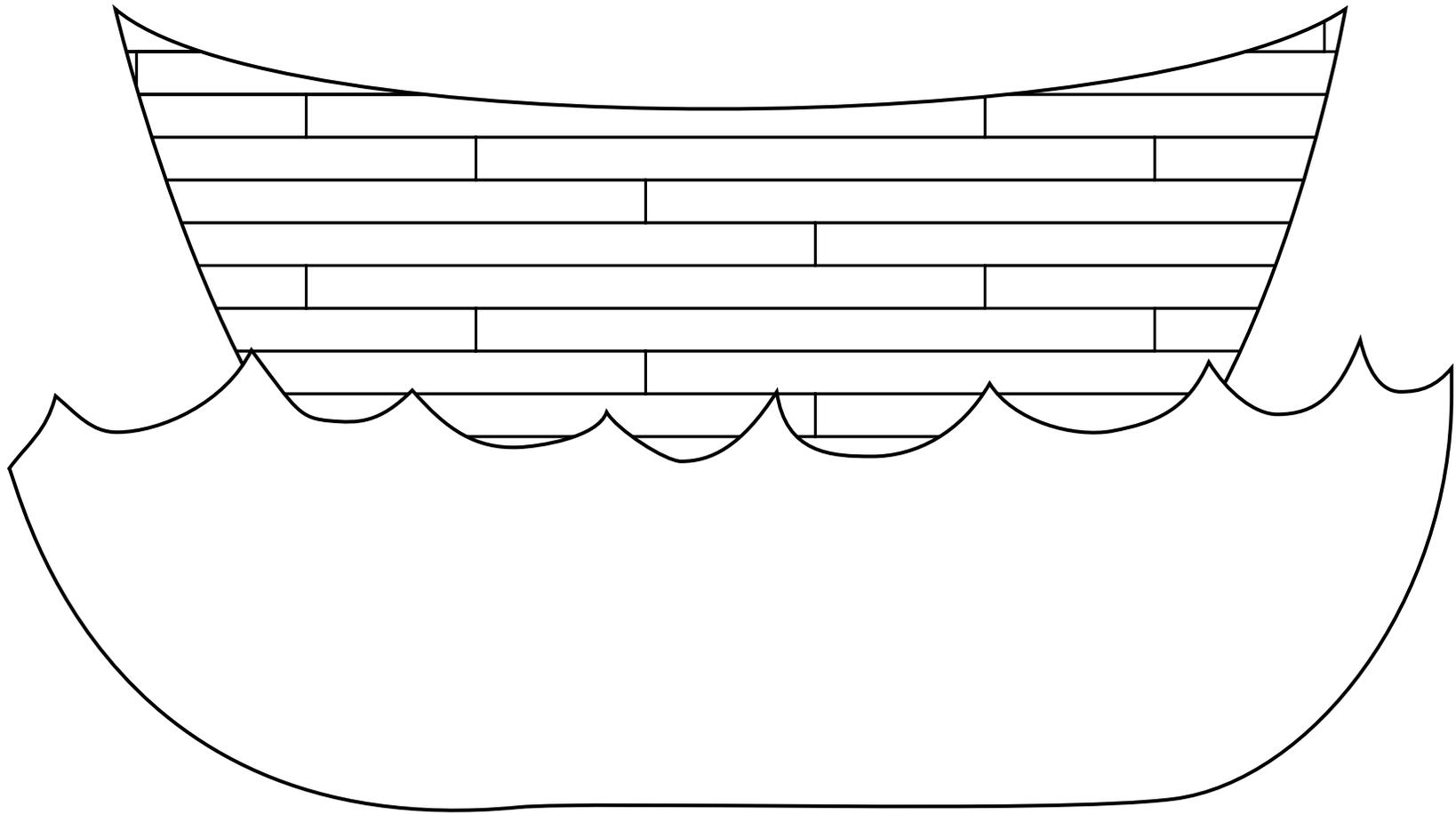


Core/Craft
1 copy for each child

Read-Observe-Write

Page

B



boat

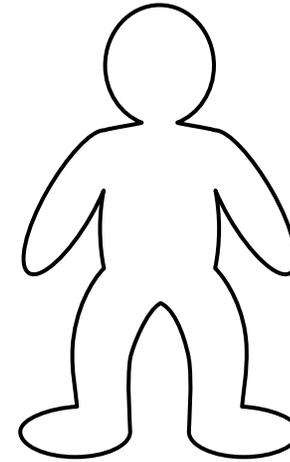


Core/Craft
1 copy for each child

Page
C

“Even the wind
and the waves
obey him!”
Mark 4:41

memory verse flag

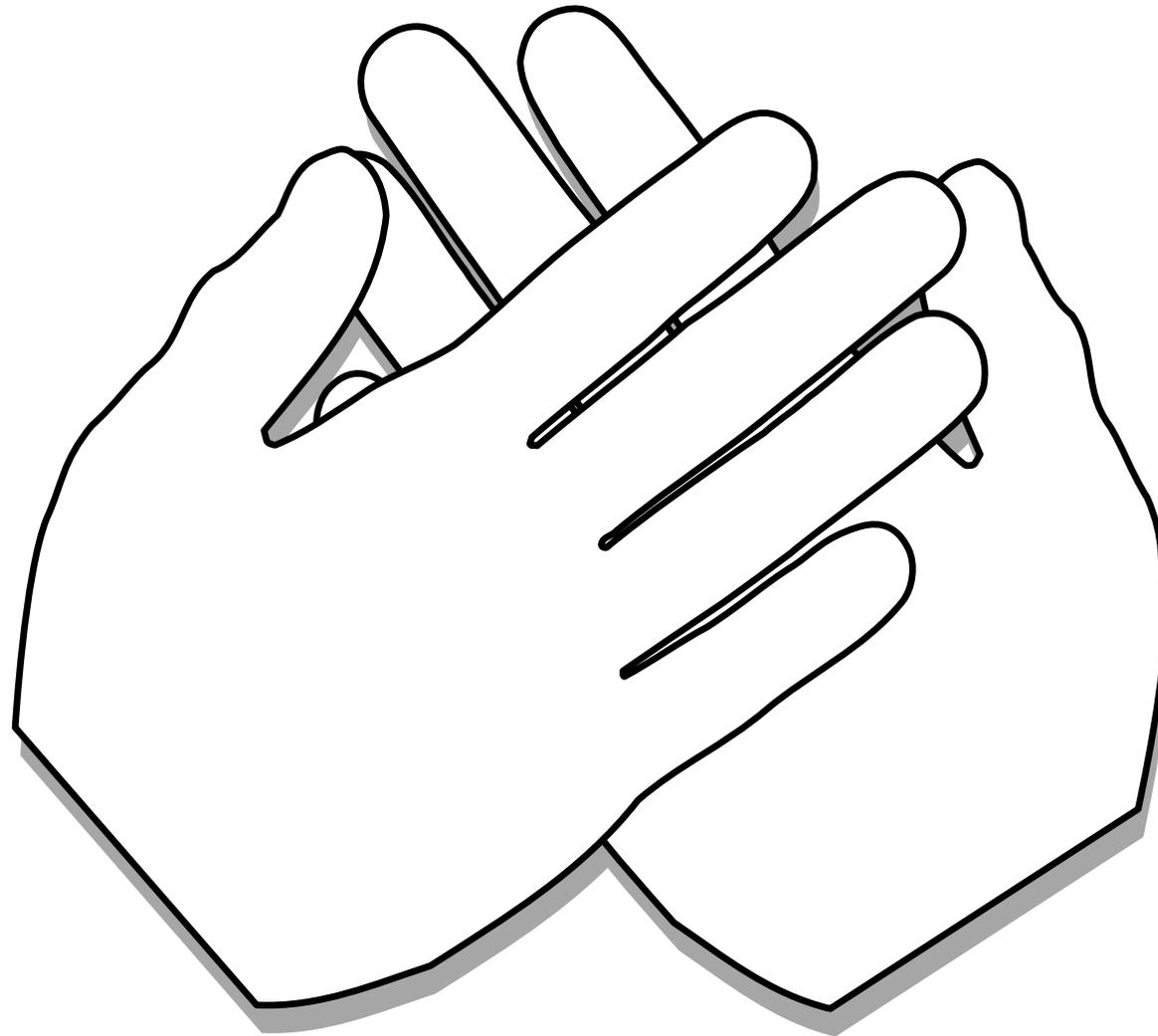


child



Supplement/Craft

1 copy for each child



Discipleship Publications

Page

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