

# Healing a Paralytic

## Lesson Objectives

- The children will tell the story of Jesus healing the paralytic.
- The children will state that Jesus sees their faith.
- The children will say one way they can show their faith in Jesus.

## Lesson Text

Mark 2:1-12

## Scripture Memory Verse

Show me your faith without deeds, and I will show you my faith by what I do.

*James 2:18*

## Lesson Plan

Greeting and Registration

Preclass Activity: The Paralyzed Man

Welcome and Singing

Centers:

Bible Story: Up on a Rooftop

Craft: Make Your Mat and Walk

Scripture Memory: Show-Me Faith

NOTE: Allow time for a snack.



# Healing a Paralytic

## The Paralyzed Man

The children will preview today's lesson as they make a story figure.

### Materials

*For each child:*

- 2 craft sticks
- piece of material, 4" x 14"
- crayons or markers
- white glue

*For the teacher:*

- scissors

*Reproducible Pages:*

- Page A, 1 copy for each child (optional – heavy paper)

### Preparation

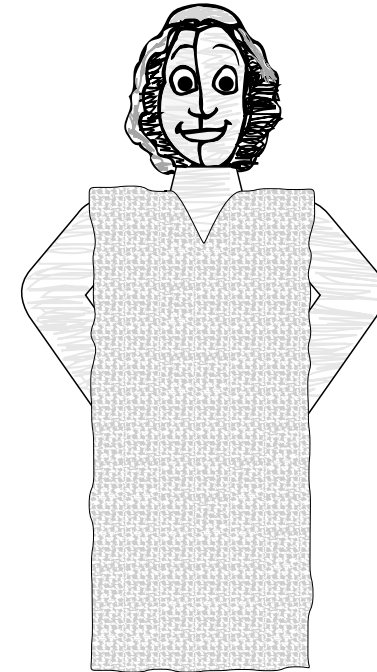
1. Cut out the figure of the paralytic from the copies of Reproducible Page A.
2. Prepare a "garment" for each child's figure as follows:
  - A. Cut out a 4" x 14" piece of material.
  - B. Fold the material in half, and cut a 2" triangle along the folded edge making a neck hole.
3. Glue two craft sticks together, overlapping them approximately one inch.
4. Make a sample of the paralytic figure to show the children.

### Instructions

1. Greet the children as they arrive. Explain that in today's lesson they will learn that Jesus healed a paralytic. Show the children your sample. Tell the children that they will use their figures in the Craft center.
2. Distribute the figures that you prepared and the crayons. Have the children color the face, neck and arms of the paralytic figure.
3. Distribute the prepared craft sticks and glue. Have the children glue the backs of their figures onto their craft sticks.
4. Distribute the prepared garments. Have the children place the garment over the paralytic's head.
5. Have the children write their names on their figures.
6. Collect the figures, including your sample, and give them to the Craft teacher.

### Teacher Tips

- Make the copies of Reproducible Page A on card stock to make a sturdier figure.
- For large classes, arrange the children's figures by name or registration number before giving them to the Craft teacher.



# B Healing a Paralytic

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## Up on a Rooftop

The children will tell the story of Jesus healing a paralytic.

### Materials

For the teacher:

- 6 large index cards, 5" x 7"
- marker

### Preparation

1. Neatly print each of the following words or phrases on one of the index cards:
 

Capernaum	No room left
Paralytic	Four of them
Digging	Their faith
2. Practice presenting this Bible Story with amazing enthusiasm!

### Introducing the Bible Story

Open your Bible to Mark 2. *In our Bible Stories, we have been learning about some amazing miracles of Jesus. Who remembers some of these miracles? (turning water into wine, calming the storm, walking on water) Only Jesus had God's power to do those things and because of them, his disciples put their faith in him. Today our Bible Story is about another miracle! It is the story of a man who was paralyzed. Do you know what it means to be paralyzed? (Take responses.) It means that you can't move your legs at all and sometimes it could affect your arms, too. We are going to use the figures you made in your Preclass Activity to help us tell today's story.*

### Presenting the Bible Story

Show the children the cards you prepared. Hold up each card and read the words. Tell the children that they will hear all of these in the Bible Story. Pass out the cards to six children. Tell them to listen for their word(s). When they hear their word(s), have them hold up their cards. Pause when you read the capitalized words and let the appropriate children hold up their cards.

*A few days later, when Jesus again entered CAPERNAUM, the people heard that he had come home. So many gathered that there was NO ROOM LEFT, not even outside the door, and he preached the word to them. Some men came,*

*bringing to him a PARALYTIC, carried by FOUR OF THEM. Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus and, after DIGGING through it, lowered the mat the paralyzed man was lying on. When Jesus saw THEIR FAITH, he said to the paralytic, "Son, your sins are forgiven" (Mark 2:1-5, emphasis added).*

- Where did Jesus go to teach and preach? (Capernaum)
- So many people gathered at the home that there was how much room left? (no room left)
- Who was carried to the home by some men? (a paralytic)
- How many men carried the paralytic? (four)
- How did they get the man through the roof? (digging)
- What did Jesus see? (their faith)

Tell the children to listen carefully as you tell them what happened next.

*Now some teachers of the law were sitting there, thinking to themselves, "Why does this fellow talk like that? He's blaspheming! Who can forgive sins but God alone?" (Mark 2:6-7)*

Explain to the children that there were some older, religious men listening to Jesus when all of these things happened. They did not understand that Jesus was the Son of God—and they did not believe that he had the power to forgive sins.

*Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, "Why are you thinking these things? Which is easier: to say to the paralytic, 'Your sins are forgiven,' or to say, 'Get up, take your mat and walk'? But that you may know that the Son of Man has authority on earth to forgive sins. . . ." He said to the paralytic, "I tell you, get up, take your mat and go home." He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, "We have never seen anything like this!" (Mark 2:8-12)*

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# Healing a Paralytic

*Did you know....?*

- ...that Jesus had the power to know people's thoughts?
- ...that Jesus had the power to forgive sins because he is God?
- ...that Jesus had the power to heal the paralytic and make him walk?

## Share and Tell

Tell the children that this Bible Story teaches us that Jesus not only had the power to heal the paralyzed man, but he also had power to know what people were thinking in their hearts and he had the power to forgive sins! Ask the children if they can think of someone who needs God's power to help them. Encourage them to tell this story to that person this week. Close with a prayer thanking God for Jesus' power to heal and his authority to forgive sins.

## Teacher Tips

- Let the children use the cards to answer the first set of questions.

Capernaum

Four of them

Digging

No room left

Paralytic

Their faith



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# Healing a Paralytic

## Make Your Mat and Walk

The students will make a mat for the paralytic figure they made in the Preclass Activity.

### Materials

For each child:

- paralytic figure from Preclass Activity
- 1 piece of colored construction paper, 9" x 12"
- 2 pieces of yarn, 24"
- glue stick

For the teacher:

- hole punch
- sample paralytic figure from Preclass Activity
- invisible tape
- scissors

Reproducible Pages:

- Page B, 1 copy for every 6 children

### Preparation

1. Cut out the text boxes from the copies of Reproducible Page B. Each child will need only one text box.
2. Prepare a mat for each child as follows:
  - A. Cut each piece of construction paper in half making two 6" x 9" pieces of paper.
  - B. Fold one of the pieces in half making a 4½" x 6" piece of paper.
  - C. Cut five 3½" slits one inch apart, as shown in Figure A.
  - D. Punch four holes, one in each corner of the mat.
3. From the remaining piece of construction paper cut six 1" x 6" strips for each child.
4. Cut two 24" pieces of yarn for each child
5. Make a sample of the craft following the instructions below.

### Instructions

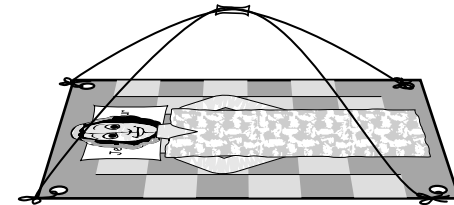
1. Introduce today's activity: *In this week's lesson we are learning that Jesus healed a paralytic.* Show the children your sample.
2. Give each child the prepared construction paper and explain that they will be making a mat for their paralytic figure they made earlier. Let the children choose six strips and show them how to weave the first strip over, under, over, under, etc. Then have them weave the second strip in the opposite order: under, over, under, over, etc., as shown in Figure B. Have them do this until all six strips are woven. When the students have finished weaving, help them tape the strips in place on the back of their mats.
3. Distribute the text boxes and have the children glue these near one end of their mats.
4. Distribute the yarn. Help the children tie the yarn crisscrossing the mat from corner to corner. Make a hanger by taping the yarn together where it crosses. See Figure C.
5. Distribute the paralytic figures from the Preclass Activity. Have the children place these onto their mats. See Figure D.
6. Make sure the children write their names on their crafts.

### Conclusion

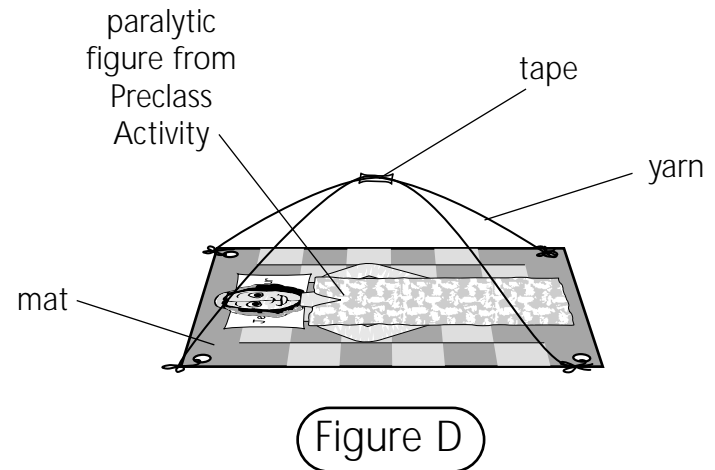
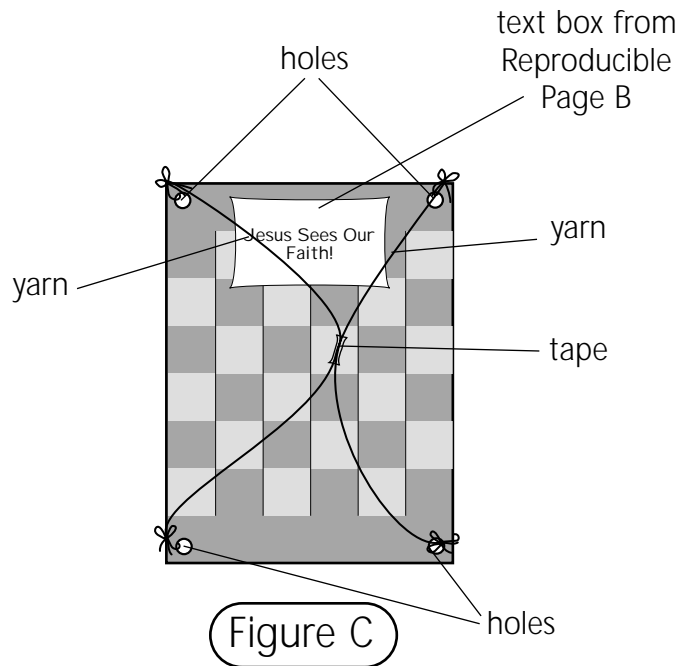
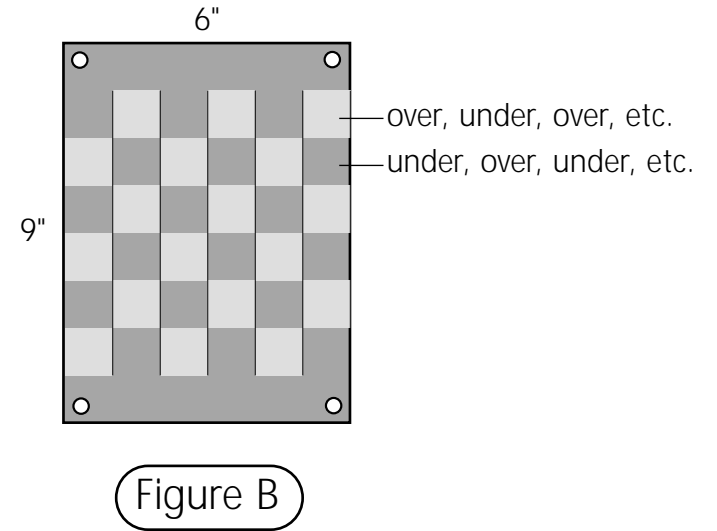
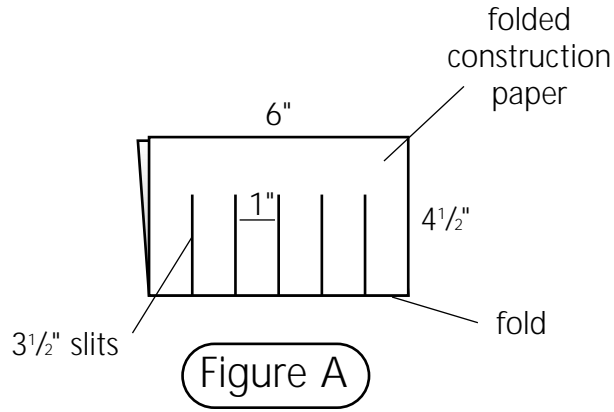
Ask the children how they think they would have felt to be the paralytic man lowered through the roof to see Jesus. Close with a prayer praising and thanking God for his power to heal.

### Teacher Tips

- For large groups, prepare the hangers for the children in advance.



# Healing a Paralytic



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# Healing a Paralytic

## Show-Me Faith

The children will memorize today's Scripture Memory Verse through this fun activity.

### Scripture Memory Verse

Show me your faith without deeds, and I will show you my faith by what I do.

*James 2:18*

### Materials

For the teacher:

- umbrella (optional)

### Preparation

1. Memorize today's Scripture Memory Verse.
2. Practice leading this activity.

### Instructions

1. Introduce today's activity: *In your Bible Story, you are learning that Jesus healed a paralytic—a man who could not walk. Four men brought their paralyzed friend to Jesus. They must have had a lot of faith! When they came to the house where Jesus was, it was too full of people and they could not get in. So they climbed up and dug a hole in the roof to lower the paralyzed man through. When Jesus saw what the men did for their friend, he saw their faith. When God sees us bringing our friends to church and helping others to know Jesus, he sees our faith, too! In your Scripture Memory Verse, you will learn a very important verse about how we can show God our faith.*
2. Show the children the Scripture Memory Verse on the back of this Lesson Card. Read it to them three times, pointing to the words while they listen. Ask them to say it with you three more times, each time pointing to the words for them.
3. Ask the children what they think it means to "show your faith by what you do." Hold up the umbrella. *If I really have faith—or believe—that it is going to rain, what do I do? (take my umbrella with me) If you really have faith—or believe—that it is going to snow, what do you do? (wear your boots, hat and mittens) If you really have faith—or believe—that God can help someone*

*who is having a problem, what do you do? (talk to them about Jesus, bring them to church) If you really have faith—or believe—that God can help you with a problem, what do you do? (pray, do not worry, thank God for what he will do, etc.)*

*Imagine two people come to you and they both say, "We are going to have a terrible rainstorm! It will be the worst one in history. Watch out!" One goes to the store and buys food and water, wraps all his basement furniture in plastic, and gets out all his raincoats, boots and umbrellas. He prepares flashlights and candles in case the power goes out. The other person goes home and takes a nap. Which one of these two really believes it is going to rain?*

4. Divide the children into two groups. Line them up so that they are facing each other. Tell the first group to begin by saying the first half of the verse: "Show me your faith without deeds," and then have the second group respond by saying the second half, "and I will show you my faith by what I do." Have both groups say the reference together, "James 2:18." Have the children repeat this three more times, increasing in speed each time.
5. Switch and have the second group begin the verse followed by the first group as described in Step 4.
6. Choose the first child in both lines to step toward each other and say the verse in the same manner as Step 4. Give each child a chance to say both parts of the verse, and then have them say the entire verse together. Repeat for the second child in both lines, until all the children have had a chance. Make sure that they say the reference together each time.
7. Ask for volunteers to say the verse from memory.

### Conclusion

Ask the children how it makes them feel to know that they can show their faith to God and to others. Close with a prayer for the children to show their faith in God with their actions this week.

### Teacher Tips

- Adapt and modify this activity to your group.



# Healing a Paralytic

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Show me your faith  
without deeds, and I will  
show you my faith  
by what I do.



James 2:18





# Healing a Paralytic

## Lesson Objectives

- The children will tell the story of Jesus healing the paralytic.
- The children will state that Jesus sees our faith.
- The children will say one way they can show their faith in Jesus.

## Lesson Text

Mark 2:1-12

## Scripture Memory Verse

Show me your faith without deeds, and I will show you my faith by what I do.

*James 2:18*

## Lesson Plan

Greeting and Registration

Preclass Activity: Faith Catcher

Welcome and Singing

Centers:

Life Application: Faith Catcher in Action

Game: Holy Rollers

Bible Skills: Miracle Match

NOTE: Allow time for a snack.



pre  
class

ACTIVITY

## Faith Catcher

The children will review this week's lesson as they prepare a "Faith Catcher" for their Life Application activity.

### Materials

*For each child:*

- 2 white paper plates, 9"
- glue stick
- 1 piece of colored plastic wrap, 5" x 5"
- crayons
- stickers with a biblical theme
- 1 piece of yarn, 12"

*For the teacher:*

- scissors
- invisible tape
- marker
- single hole punch
- stapler

*Reproducible Pages:*

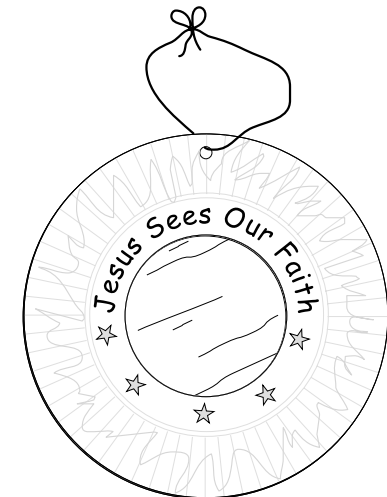
- Page C, 1 copy for the teacher

## Special Note to the Teacher

Please refer to your copy of Reproducible Page C to see the Preparation and Instruction sections of this activity including all referenced figures. The children will be finishing their Faith Catchers in the Life Application center.

## Teacher Tips

- Make a few extra Faith Catchers for children who may arrive late.



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N**Faith Catcher in Action**

The children will review this week's Bible Story and think of ways that they can show their faith in God.

**Materials**

*For each child:*

- Faith Catcher from Preclass Activity
- crayons
- 2 beads
- 1 piece of yarn, 6"
- invisible tape

*For the teacher:*

- sample Faith Catcher from Preclass Activity
- scissors

*Reproducible Pages:*

- Page D, 1 copy for the teacher
- Page E, 1 copy for every 4 children (on heavy paper)

**Special Note to the Teacher**

Please refer to your copy of Reproducible Page D to see Figure A referenced in the Instruction section of this activity.

**Preparation**

1. Cut out the text boxes from the copies of Reproducible Page E. Each child will need only one text box.
2. Cut a 6" piece of yarn for each child.
3. Prior to class, obtain the Faith Catcher from the Preclass Activity teacher and complete a finished sample to show the children.

**Reviewing the Bible Story**

Open your Bible to Mark 2. *In your Bible Story this week, you learned that Jesus healed a man who was paralyzed. The paralytic's four friends believed so much in Jesus' power that they dug a hole in the roof of the house where Jesus was speaking and lowered their friend on a mat through the roof. Jesus saw the great faith and effort of these men and healed the paralytic. Their faith got Jesus' attention!*

**Instructions**

1. Show the children your finished Faith Catcher. *There are many ways to get God's attention by showing our faith.* Read the four statements written on the text box. Distribute the text boxes that you prepared and the crayons. Have the children lightly color their text boxes.
2. Have the children finish their Faith Catchers as follows:
  - A. Distribute the yarn, beads and tape. Have the children tape one end of the yarn to the back of the text box.
  - B. Have the children string two beads onto the yarn.
  - C. Have the children tape the other end of the yarn to the back of the plates. See Figure A.

**Life Application**

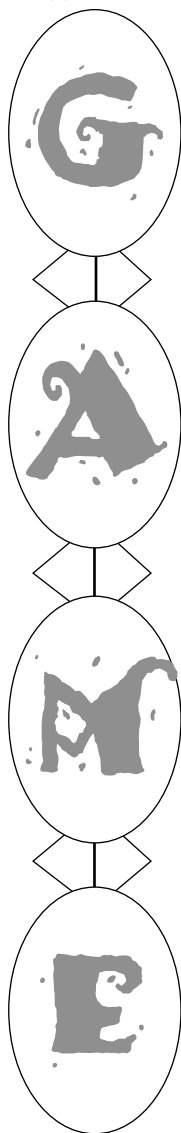
Use your Faith Catcher to explain four ways that we can show our faith in Jesus:

- I can obey Jesus. (by obeying the Bible, my parents, teachers, etc.)
  - I can tell other about Jesus. (friends at school, family, neighbors, new people I meet, etc.)
  - I can pray about everything. (family, friends, the sick, fears, worries, things to be thankful about, etc.)
  - I can wait patiently. (no complaining when waiting for birthdays, special events, to do things older children do, etc.)
- Close with a prayer for the children to show their faith in Jesus this week.

**Teacher Tips**

- Budget your time carefully so that you can discuss the points detailed above.





## Holy Rollers

The children will review key ideas from this week's Bible Story as they play this game.

### Materials

For the teacher:

- 4 tennis balls (or other soft foam or rubber balls)
- permanent marker

### Preparation

1. Neatly print on each of the balls one of the following:
  - Be Patient
  - Be Happy to Obey
  - Pray About Everything
  - Tell Others About Jesus
2. Practice leading this activity.

### Instructions

1. Introduce the activity: *In your Bible Story this week, you learned that Jesus healed a paralytic—a man who could not walk. Four men brought the paralytic to Jesus. They must have had a lot of faith! When they came to the house where Jesus was, it was too full and they could not get in. So they climbed up on the roof and dug a hole in the roof to lower the paralyzed man through. The Bible says that when Jesus saw what the men did for their friend, he saw their faith! God sees our faith today. In our game, we will think and say some different ways that we can show God our faith today.*
2. Show the children the four balls you prepared. Read them to the children and then have the children repeat after you.
3. Play the game as follows:
  - A. Have the children sit in a circle with you. Explain that the object of the game is to get four balls rolling at the same time. Establish an order for the children to roll the balls to one another. See Figure A for an example of one way to pass the balls within a large circle.
  - B. Starting with one ball, read aloud what is written on it, then roll the ball to the designated child. Have the child repeat what is written on the ball, and then roll the ball to the next

designated child. Continue until each child within the circle has had a turn. The last child should roll the ball back to you.

- C. Using two balls, continue play as follows: Starting with the first ball, read aloud what is written on it, then roll the ball to the designated child. Have the child repeat what is written on the ball, and then roll the ball to the next designated child. As soon as the first child rolls the first ball away from him, read aloud what is written on the second ball. Then roll the second ball to him. Continue until each child within the circle has had a turn.
- D. Continue play by repeating Step C and adding a third, and then a fourth ball to the game.

NOTE: Caution the children to pay close attention and roll the balls carefully. If at any time the children lose a ball or get the balls out of order, end the game and start again using one ball.

### Conclusion

Encourage the children for their participation. Ask the children how it makes them feel to know that God notices their faith. Close with a prayer for the children to show their faith this week.

### Teacher Tips

- If you do not want to write directly onto the balls, neatly print the four statements onto four pieces of masking tape and place them on the balls.
- Place the balls in a bag and label the game to use again for extra activities.

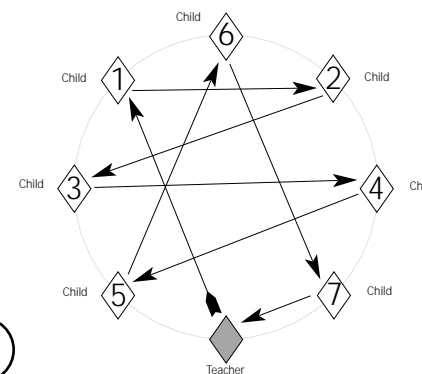
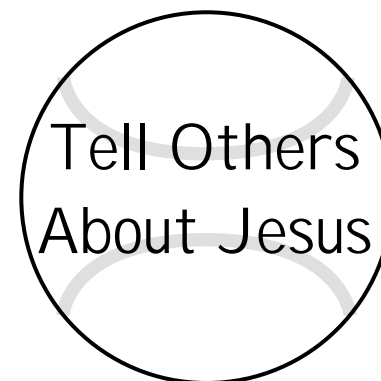
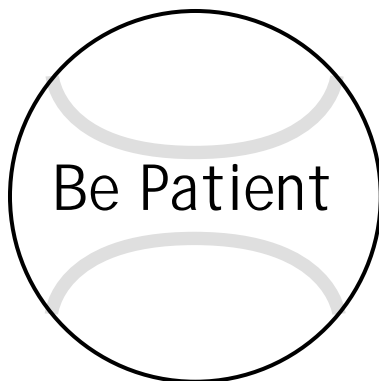


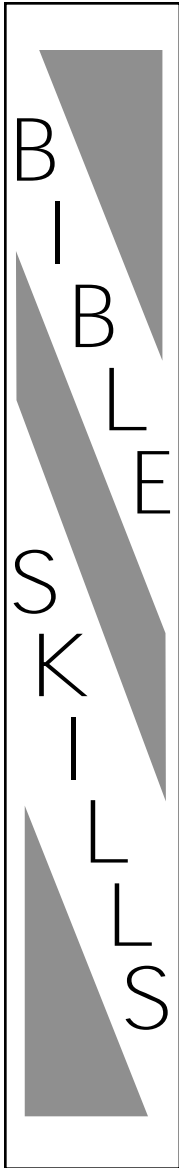
Figure A



# Healing a Paralytic

## Holy Rollers





## Miracle Match

The children will practice matching miracles from this unit and looking them up in the Bible.

### Materials

For each child:

- a Bible

For the teacher:

- scissors
- 32 index cards, 3" x 5"
- glue stick

Reproducible Pages:

- Page F, 4 copies for the teacher

### Preparation

1. Cut out the cards from the copies of Reproducible Page F and glue them to the index cards.
2. Practice leading this activity.

### Instructions

1. Introduce this activity: *In our Bible Stories, we have been learning about some of the amazing miracles of Jesus. Jesus did miracles so that the people could see God's power and so they could put their faith in him. Jesus' miracles were just one way that Jesus showed that he was God's Son. In your activity today, you will try to match miracles and Bible Stories.*
2. Show the children the cards you prepared. Explain that on each card is either a miracle or a reference to a Bible Story. Tell the children that they will turn over two cards at a time, trying to match them. When they find two miracles that match, they will say, "Amazing!" When they find two scripture references that match, they will then try to be the first child to locate that scripture in his Bible.
3. Shuffle the cards and place them face down in four rows of eight. Choose a child to begin. After he turns over two cards, play goes to the next child. Continue until all the matches have been found.

### Conclusion

Ask the children which of these miracles they think is the most amazing and why. Close with a prayer thanking God for the amazing miracles of Jesus.

### Teacher Tips

- Adapt and modify this activity to meet the needs of your group.
- For a more durable material, reproduce Page F on heavy colored paper and laminate before cutting. This would eliminate the need for index cards and glue.



# Healing a Paralytic



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Healing  
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John  
2:1-11

Matthew  
14:22-23



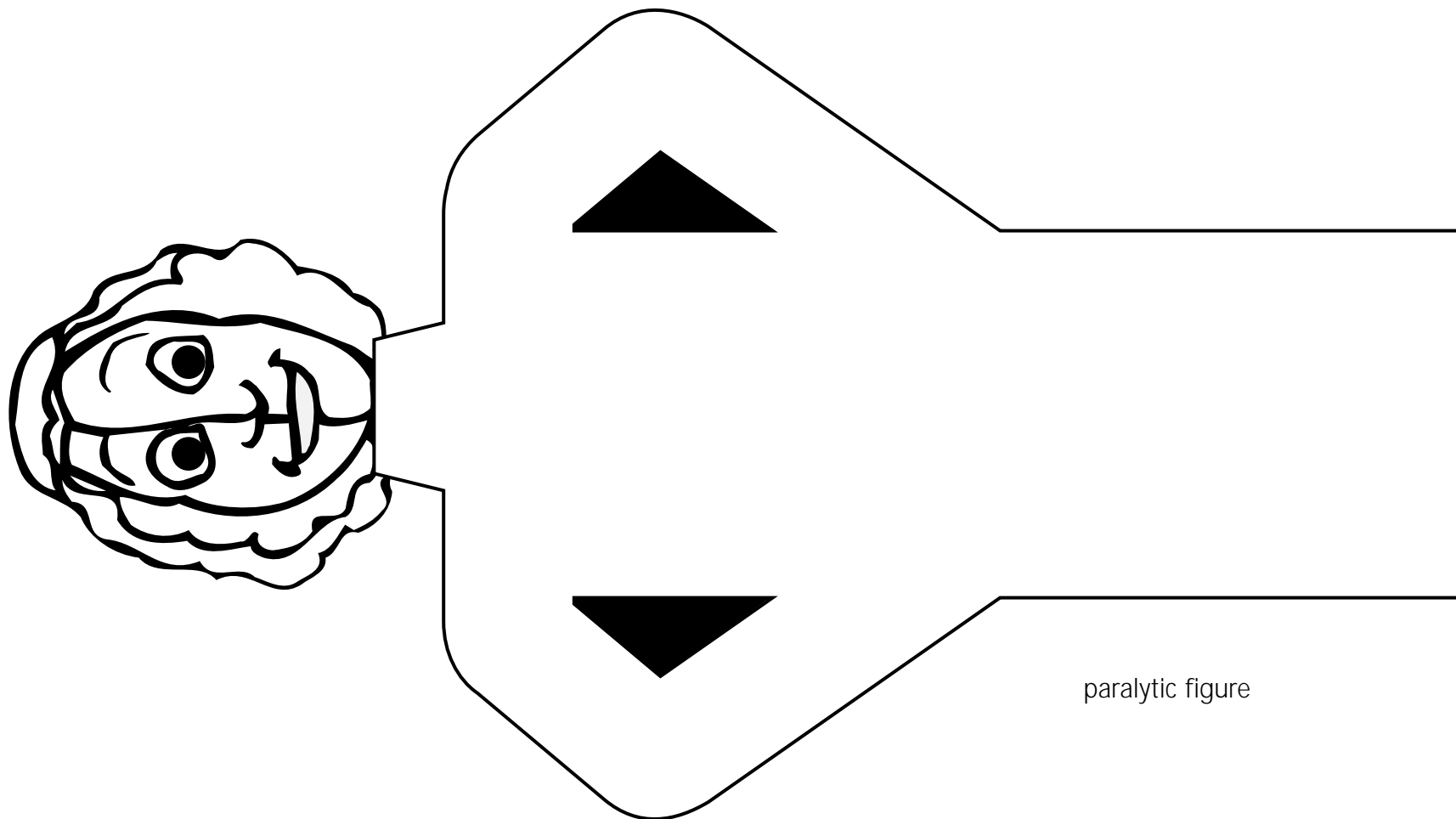
Core/Preclass

1 copy for each child (optional - heavy paper)

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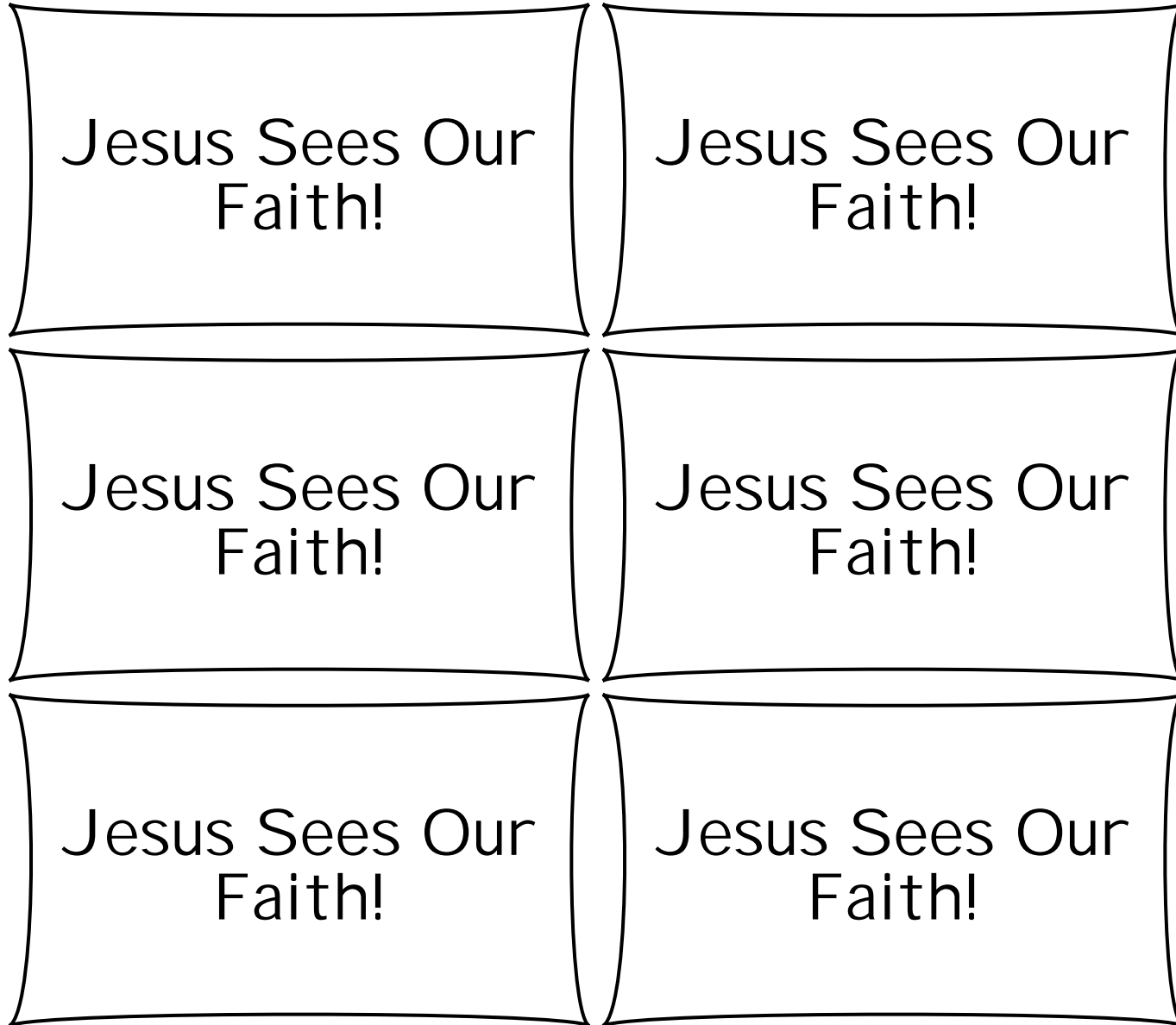


paralytic figure



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text boxes

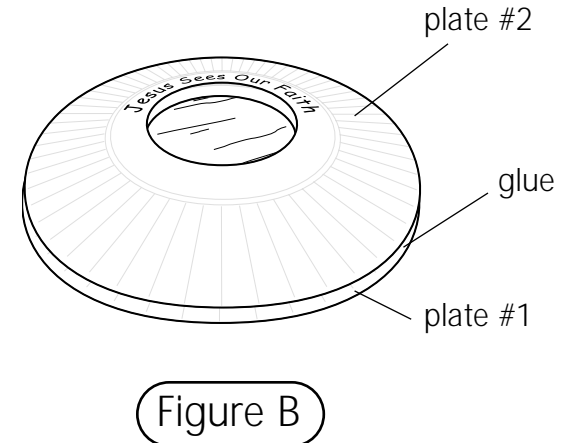
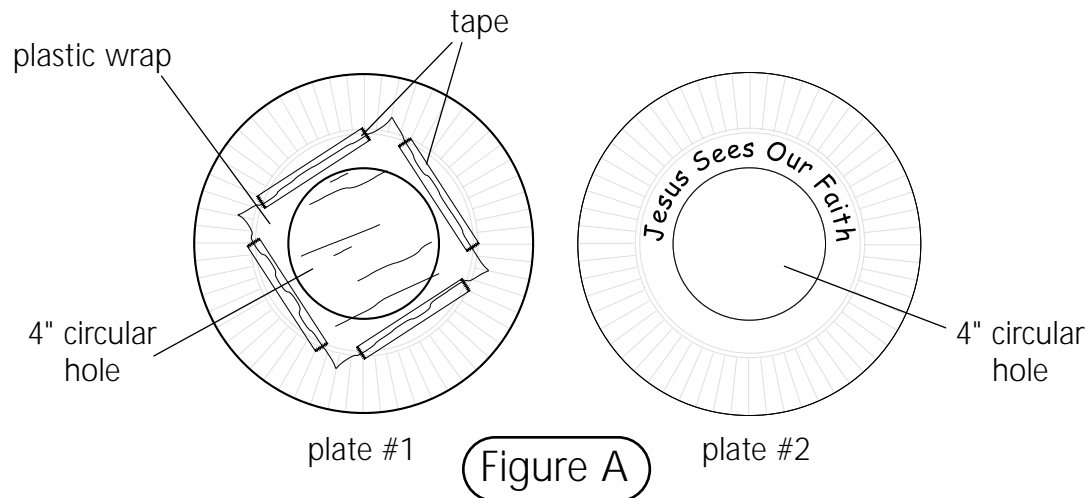




**Supplement/Preclass**

1 copy for the teacher

Jesus' Miracles  
**Lesson 4**

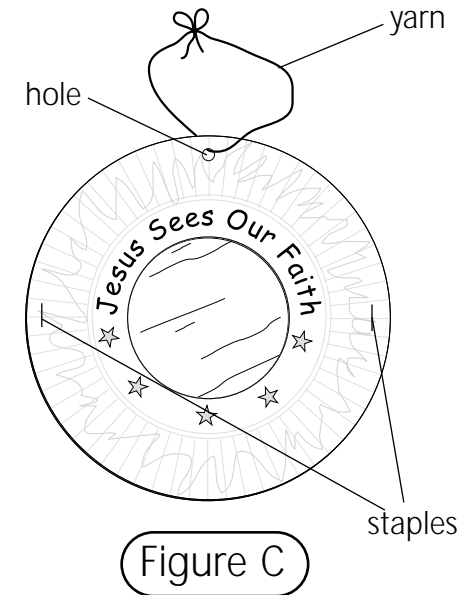


**Preparation**

1. Prepare two paper plates for each child as follows, see Figure A:
    - A. Cut a 4" circular hole in the center of both paper plates leaving the edge of the plates intact.
    - B. Place the plastic wrap over the hole in the bottom of plate #1. Pull it taut and then tape it in place.
    - C. On the back of plate #2, near the top, write, "Jesus sees our faith."
  2. Glue plate #2 over plate #1, see Figure B.
  3. Punch a hole at the top rim of the glued plates.
  4. Cut one 12" piece of yarn for each child.
  5. Make a sample to show the children.
- NOTE: Reinforce the plates by stapling each side.

**Instructions**

1. Greet the children as they arrive. Remind them that they are learning that Jesus healed a paralytic who was brought to him by some friends. Show them your sample and read the words written on the plate.
2. Distribute the plates, stickers and crayons to the children. Have them decorate the outside edges of the plates with crayons and stickers.
3. Distribute the yarn. Help the children thread their yarn through the hole at the top of the plates, and then tie the ends together to form a hanger. See Figure C.
4. Have the children write their names on their plates.
5. Give the children's Faith Catchers, including your sample, to the Life Application teacher.



### Supplement/Life Application

1 copy for the teacher

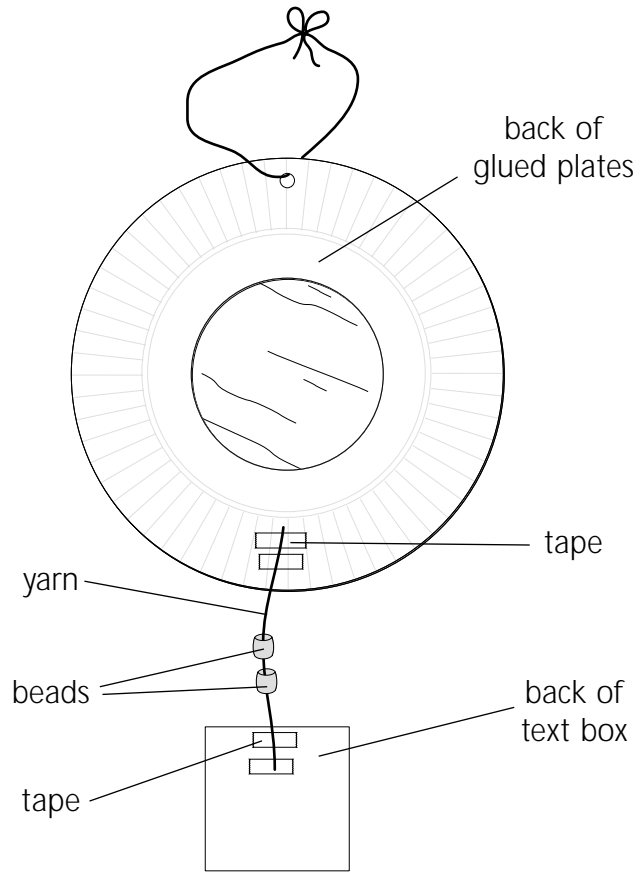
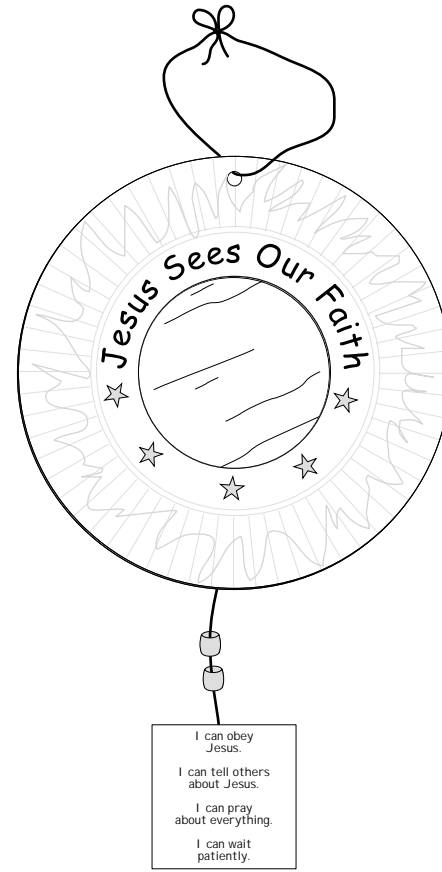


Figure A



Finished Craft



Supplement/Life Application

1 copy for every 4 children (on heavy paper)

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<p>I can obey Jesus.</p> <p>I can tell others about Jesus.</p> <p>I can pray about everything.</p> <p>I can wait patiently.</p>	<p>I can obey Jesus.</p> <p>I can tell others about Jesus.</p> <p>I can pray about everything.</p> <p>I can wait patiently.</p>
<p>I can obey Jesus.</p> <p>I can tell others about Jesus.</p> <p>I can pray about everything.</p> <p>I can wait patiently.</p>	<p>I can obey Jesus.</p> <p>I can tell others about Jesus.</p> <p>I can pray about everything.</p> <p>I can wait patiently.</p>

text boxes



Supplement/Bible Skills  
4 copies for the teacher

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