

How I feel

Lesson Objectives

- The children will describe Paul as one who was afraid yet trusted God.
- The children will list situations in which they can trust God if they are afraid.
- The children will thank God for helping them and knowing how they feel.

Lesson Text

Acts 18:9-11

Scripture Memory Verse

"Do not be afraid; keep on speaking, do not be silent."

Acts 18:9

Lesson Plan

Greeting and Registration

Preclass Activity: Paul Puppets

Welcome and Singing

Centers:

Bible Story: Paul Trusts God

Life Application: God Knows

Craft: Changing Faces

NOTE: Be sure to allow sufficient time for a snack.

God Knows Me

Lesson 3



How I feel

Paul Puppets

The children will make puppets of Paul for the Bible story.

Materials

For each child:

- crayons or markers
- scissors
- glue stick
- 1 craft stick

For the teacher:

- scissors

Reproducible Pages:

- Page A, 1 copy for each child

Preparation

Cut out the pictures from the copies of Reproducible Page A.



Instructions

1. Give each child a happy Paul and an afraid Paul picture from the copies of Reproducible Page A.
2. Have them color the pictures.
3. Have the children glue a craft stick in between the two pictures, back to back, making a puppet.
4. Have the children write their names on their puppets.
5. Give the finished puppets to the Bible story teacher.

Conclusion

Show the children the Paul puppet. *This is Paul. You will learn about Paul today in the Bible story.* Show them both pictures and ask them if Paul is happy or afraid in the pictures. Explain that they will learn why Paul looks scared.

How I feel

Paul Trusts God

The children will learn that Paul was a man who trusted and obeyed God even when he was afraid.

Lesson Text

Acts 18:9-11

Materials

For each child:

- Paul puppet from the Preclass Activity

For the teacher:

- scissors
- magazines
- poster board
- tape
- Bible

Preparation

1. Cut out pictures of crowds and glue them onto the poster board.
2. Familiarize yourself with the story so that you can tell it confidently without reading it.

Preach It!

Give the children their puppets. Have them keep them quietly in their laps until you ask them to hold them up. Open your Bible to Acts 18.

Today we are going to hear about a man in the Bible named Paul. Paul loved God very much. Everywhere he went, he taught people about God. Do you think that Paul was happy when he taught people about God? Yes, I think he was very happy. Can you show me the puppet of what Paul looked like when he preached to people. Have the children hold up the happy Paul puppet.

Sometimes Paul talked to big crowds of people about God. Show the poster board of the crowds. Paul went to many different places and met many different kinds of people. One time he went to a city called Corinth. Can everyone say "Corinth"? Let the children repeat it. Good! That's where Paul went. But while he was there, Paul became afraid to teach about God. Which side of your puppet looks like Paul when he was afraid? Have the children hold up the afraid Paul puppet. Why do you think Paul might have been afraid

to preach? There were some people that did not like what Paul was teaching. They were mad at him and tried to hurt him.

Have you ever been afraid? When are some times that you feel afraid? Talk to the children about being afraid. What do you do when you are afraid? Do you tell someone? Take one or two responses. God knows when we are afraid. God knew that Paul was afraid. Listen to what God said to Paul. "Do not be afraid; keep on speaking, do not be silent. For I am with you, and no one is going to attack and harm you, because I have many people in this city" (Acts 18:9b-10). God reminded Paul that he would be with him and protect him. So what do you think Paul did? Do you think he was still afraid or do you think he decided to be brave and trust God? Yes, even though he felt afraid, Paul decided to trust God. Paul kept speaking to the people in Corinth. Have the children show their puppets of Paul smiling again. Hold up the picture of the crowds.

Paul stayed in Corinth for a year and a half. He trusted that God would be with him and that God would keep him safe (Acts 18:11). What do you think God wants us to do when we feel afraid? He wants us to trust him and be brave. He wants us to remember that he is always with us.

Conclusion

Ask the following questions to review the story:

- Who was the man who taught people about God? (Paul)
- Did Paul like to teach people about God? (Yes)
- How did Paul feel when he taught the people in Corinth? (Afraid)
- Why was he afraid? (the people wanted to hurt him because they did not like what Paul was teaching)
- Did anyone know that Paul was afraid? (Yes, God knew)
- Does God know when we are afraid? (Yes)
- What did God say to Paul? (Do not be afraid, keep on speaking, no one will harm you.)
- What did Paul do? (trusted and obeyed God, stayed in Corinth and kept preaching)
- Why did Paul stay in Corinth? (because God told him to and he wanted to obey God)

Teacher Tips

- Make sure you emphasize that God knows how we feel, all the time.



How I feel



How I feel

God Knows

The children will talk about times when they have felt afraid, and will explore how they can trust God.

Scripture Memory Verse

"Do not be afraid; keep on speaking, do not be silent."
Acts 18:9

Materials

For the teacher:

- 6 paper plates
- glue
- crayons
- scissors

Reproducible Pages:

- Page B, 1 copy for the teacher



Preparation

1. Cut out and color the pictures from the copies of Reproducible Page B.
2. Glue each picture to the center of a plate.

Instructions

1. Have the children sit in a circle. Place the plates face down in the center of the circle. *Our Bible story today is about a great man named Paul who preached about God. When he felt afraid he prayed and listened to God and wasn't afraid any more.*
2. Choose a child to turn over a plate. Ask the child what the picture is. *Yes, this is a picture of a thunderstorm. How do you feel when it is thundering and lightning outside? Does it make you afraid sometimes?* Discuss how the situation makes the child feel.
3. Ask the child how he can trust God in the situation. *Who made the thunderstorm? Yes, God did. What can you do to trust that he will take care of you?* (sing a song, pray)
4. Ask the other children to offer ideas of how to trust God in the situation. The following is a list of the remaining situations and possible solutions.
 - Dark outside – Trust God and thank him that you are safe inside.
 - Someone who fell – Brush yourself off, pray to be brave; trust God to take care of you.

- Someone mean – Pray that you don't lose your temper, nicely ask the person not to yell.
 - Going to sleep at night – Pray that you can obey and fall asleep; trust God that you can play again tomorrow.
 - Lost in a big store – Stay where you are; ask someone who works there for help; trust that God will help you find your parents.
5. Choose another child to turn over another plate. Discuss this picture in the same way as you did the first picture.
 6. Continue until you have discussed all of the pictures.
 7. After everyone has had a turn, ask: *What should we do when we feel afraid? How does God feel when we trust him? How can we be like Paul?* Encourage the children to talk to their friends and not be afraid to share with them about what they are feeling.

Scripture Memory Activity

Tell the children what the memory verse is. Repeat it twice. Have the children repeat it with you. Ask for volunteers to stand up and preach the memory verse. Encourage the children to say it confidently like Paul would have preached after God told him to not be afraid. You may go first and show them how to preach the scripture.

Conclusion

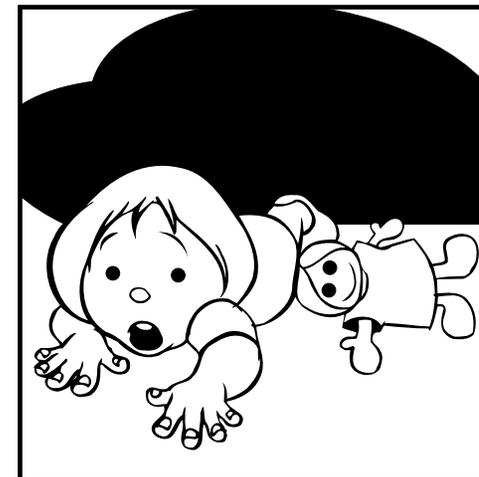
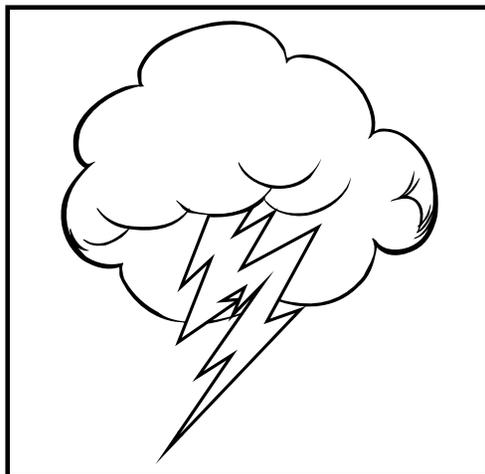
Pray with the children about trusting that God knows how we feel and that God will help us to be brave so we are not afraid.

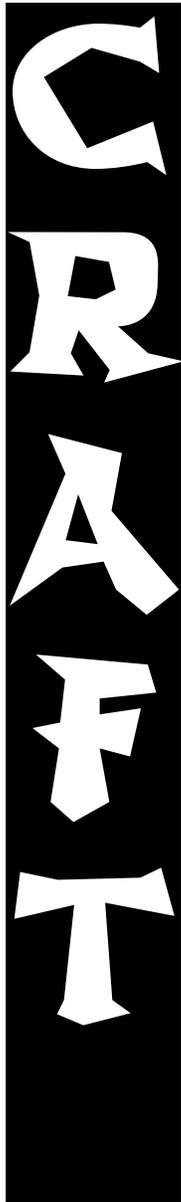
Encourage the children to share what they are learning with their friends outside the church and to bring their friends to Bible class.

Teacher Tips

- You may need to share about things that you are afraid of to help the children to open up about their fears.

How I feel





How I Feel

Changing Faces

The children will make picture wheels that display different emotions. This craft will encourage the children to discuss their feelings openly.

Materials

For each child:

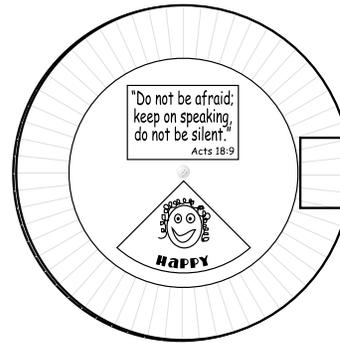
- 2 paper plates
- 1 brass fastener
- glue stick
- crayons

For the teacher:

- scissors
- utility knife

Reproducible Pages:

- Page C, 1 copy for the teacher
- Page D, 1 copy for each child



Preparation

1. Cut out the wedge stencil from the copy of Reproducible Page C.
2. Prepare two plates for each child, as shown in Figure A, as follows:
 - A. Trace the wedge stencil on the bottom of one of the plates.
 - B. Using the utility knife, cut out a wedge from the plate.
 - C. Using the scissors, make a square cutout from the side of the plate.
 - D. Cut out the picture wheel from the copies of Reproducible Page D.
 - E. Glue a picture wheel onto the bottom of the other paper plate.
 - F. Poke a small hole in the center of both plates using the utility knife.
3. Cut out the scripture text boxes from the copies of Reproducible Page D.
4. Make a model of the craft following the instructions.

Instructions

1. Introduce the craft as follows: *Today we are learning that God knows how we feel. Show the children your model. God knows when we are happy, sad, angry or afraid! God cares about how we feel. Today you are going to make a picture wheel to remind you that God cares about you no matter how you might feel.*
2. Give each child a plate with the picture wheel and some crayons. Have the children draw a picture that relates to the word in the space above it. For example, have the children draw a happy face above the word "happy." See Figure B. NOTE: Circulate around the room helping the children as necessary.
3. Give each child a paper plate with the wedge cutout, a scripture text box and a glue stick. Have the children glue the scripture text box to the plate with the wedge. Have them place the plate with the wedge on top of the plate with the pictures. See Figure C.
4. Insert a brass fastener through the center of the plates, and then flatten the side wings in place.
5. Have the children color their plates.

Conclusion

Use your model to discuss different feelings that we can have. Show the sad face and ask the children, *Does God know when you feel sad?* Do the same with the other faces. Let the children know that God knows and cares about how they feel.

Teacher Tips

- Use your first "wedge plate" as a template for the others.
- Encourage the children to use their "changing faces" to tell their friends about God.



How I feel

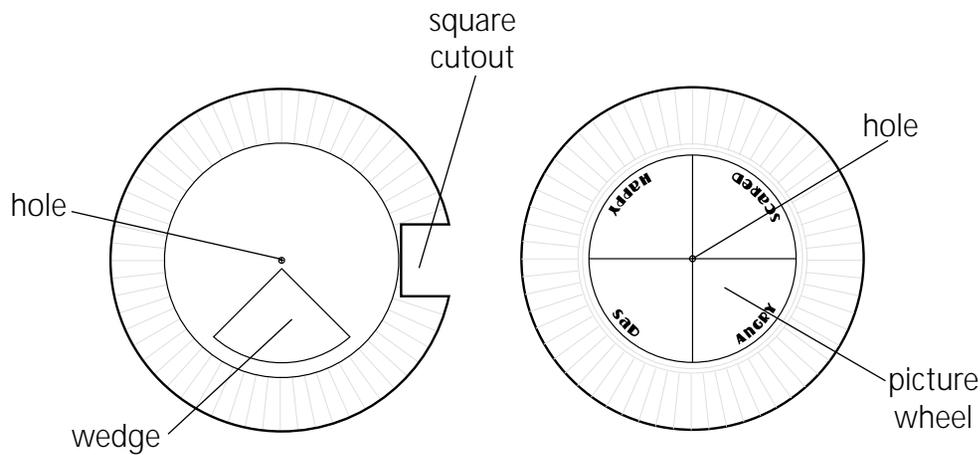


Figure A

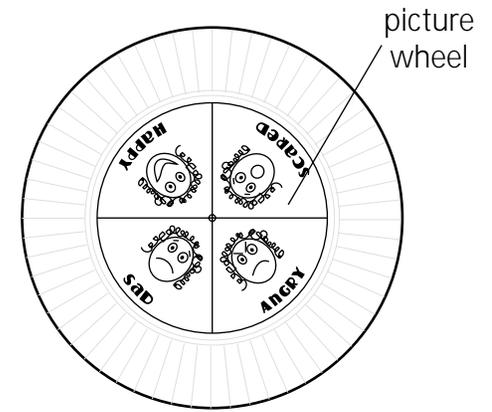


Figure B

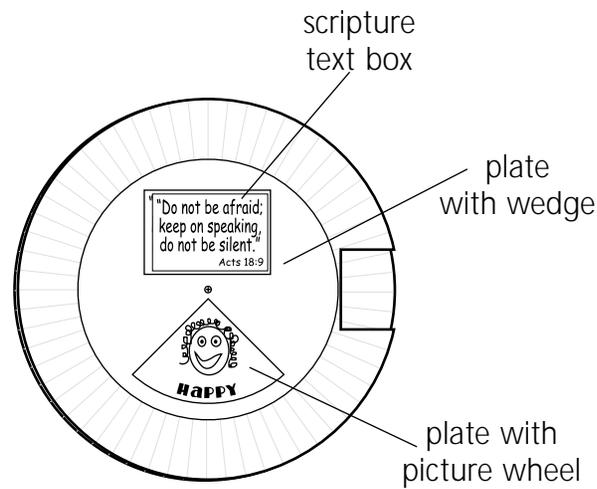
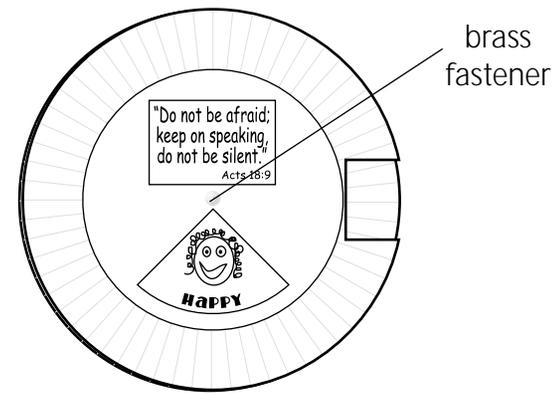


Figure C



Finished Craft





Pre class



Lesson Objectives

- The children will describe Paul as one who was afraid yet trusted God.
- The children will list situations in which they can trust God if they are afraid.
- The children will thank God for helping them and knowing how they feel.

Lesson Text

Acts 18:9-11

Scripture Memory Verse

"Do not be afraid; keep on speaking, do not be silent."
Acts 18:9

Red Light, Green Light

The children will play a game that foreshadows the craft.

Materials

For the teacher:

- masking tape

Preparation

Familiarize yourself with the rules of the game.

Instructions

1. Set up the game as follows:
 - A. Have the children line up side by side in a row.
 - B. Place a piece of tape on the floor approximately fifteen feet from the children making a finish line.

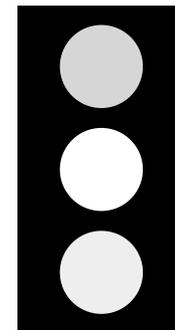
2. Play the game as follows:
 - A. Stand with your back facing the children and say, "green light." Have the children walk towards you. As long as you say, "green light", the children walk towards you.
 - B. As you say, "red light," turn and face the children. When the children hear the words "red light" they must stop where they are and not move. If any child moves, that child must return to the start area.
 - C. The child who crosses the finish line first is the winner.

Conclusion

Let the children take turns at being the leader of the game.

Teacher Tips

- Consider having a speeding rule so the children don't run. Send any child who runs, back to the start area.



Lesson Plan

Greeting and Registration

Preclass Activity: Red Light, Green Light

Welcome and Singing

Centers:

Game: Make the Face

Craft: Changing Traffic Light

Life Application: God Knows

NOTE: Be sure to allow sufficient time for a snack.



Make the face

The children will review the Bible story as they create faces.

Materials

For the teacher:

- a large writing surface
- a pen or pencil



Preparation

1. Familiarize yourself with the activity.
2. Draw a large circle on the writing surface.



Instructions

1. Have all of the children sit together.
2. Explain that they are going to play a game in which they will make Paul's face. First they will answer a question. If the child gets the question right they get to draw an eye on Paul's face. The next person to answer a question correctly will draw another eye. As each child answers a question correctly, they may draw the nose, then the mouth, the hair, the ears, etc. until the face is finished.
3. Here are some ideas of questions to ask:
 - What is the name of the book that our story came from? (Bible)
 - Who was the story about? (Paul)
 - What are some of the things that Paul did? (he taught people about God, he loved God very much, he helped people)
 - How did Paul feel as he preached to others about God? (happy)
 - What happened when Paul went to Corinth? (some people did not like to hear him speak about Jesus, the people got angry and wanted to hurt him.)
 - How did Paul feel when the people did not want him to teach about Jesus? (afraid)
 - Did God know he was feeling afraid? (yes)
 - What did God say to Paul? (He told him not to be afraid. He told him to keep preaching. He said he wouldn't get hurt.)
 - Did the things that God said help Paul to feel differently? (yes)
 - What did Paul do? (continued to preach)
 - How did Paul feel then? (happy)



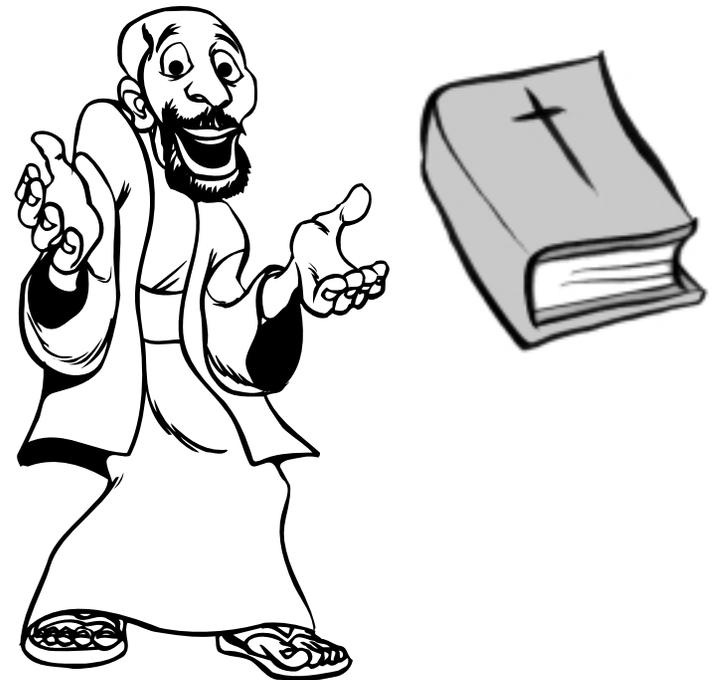
Conclusion

Play the game again if time allows.

Remind the children that God always knows how we feel and he wants us to be happy.

Teacher Tips

- If a child doesn't know the answer ask the group to help.





Changing Traffic Light

The children will make traffic lights reminding them that God is always with them.

Materials

For each child:

- 1 sheet of light-colored construction paper

For the teacher:

- red, yellow, green and black construction paper
- scissors
- black marker

Reproducible Pages:

- Page E, 1 copy for every eight children

Preparation

1. Cut out the circle stencil from one of the copies of Reproducible Page E.
2. Using the circle stencil, prepare the following for each child:
 - A. Trace and cut one 2" circle from the red construction paper.
 - B. Trace and cut one 2" circle from the yellow construction paper.
 - C. Trace and cut one 2" circle from the green construction paper.
3. Cut one 5" x 9" rectangle for each child from the black construction paper.
4. Cut out the poems from the copies of Reproducible Page E.
5. Write, "God is with me." on each sheet of light-colored construction paper.
6. Make a model of the craft following the instructions.

Instructions

1. Give each child a glue stick, a black rectangle and the three colored circles. Have them glue the circles to the rectangle, as shown in Figure A.
2. Give each child a sheet of light colored construction paper. Have the children glue a black rectangle to the construction paper.

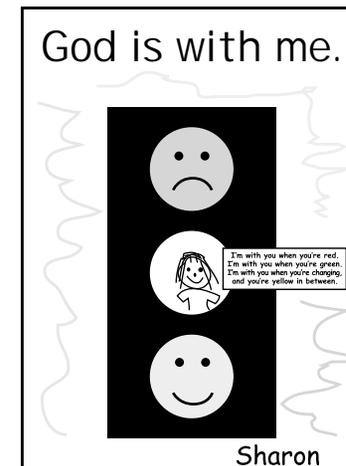
3. Give the children crayons, and have them draw inside the circles, see Figure B, as follows:
 - A. Have them draw sad faces on the red circles.
 - B. Have them draw pictures of themselves on the yellow circles.
 - C. Have them draw happy faces on the green circles.
4. Give each child a poem. Have each child glue the poem beside the yellow circle.
5. Have the children color their papers.
6. Help the children to write their names on their crafts.

Conclusion

Read the poem to the children. Discuss how at different times we can feel happy or sad. Explain that God knows how we feel, and that he is always with us. Explain why our feelings can change from happy to sad or from sad to happy.

Teacher Tips

- To cut out three circles at once, trace the stencil onto only one of the colored sheets. Then stack the other colored sheets underneath that sheet, and cut out all three at once.



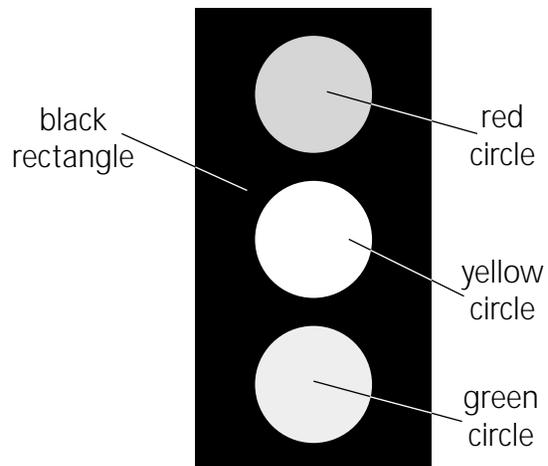


Figure A

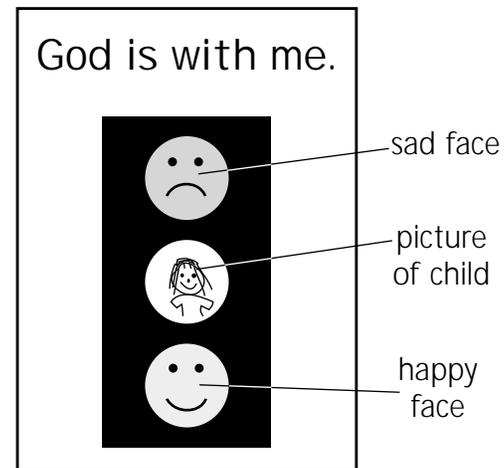
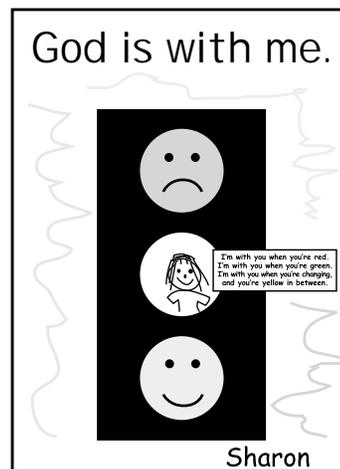


Figure B



Finished Craft



God Knows

The children will talk about times when they have felt afraid, and will explore how they can trust God.

Scripture Memory Verse

"Do not be afraid; keep on speaking, do not be silent."
Acts 18:9

Materials

For the teacher:

- 6 paper plates
- glue
- crayons
- scissors

Reproducible Pages:

- Page F, 1 copy for the teacher

Preparation

1. Cut out and color the pictures from the copies of Reproducible Page F.
2. Glue each picture to the center of a plate.

Instructions

1. Have the children sit in a circle. Place the plates face-down in the center of the circle. *Our Bible story today is about a great man named Paul who preached about God. When he felt afraid he prayed and listened to God and wasn't afraid any more.*
2. Choose a child to turn over a plate. Ask the child what the picture is. *Yes, this is a picture of a monster. How would you feel if you thought you saw a monster in your room at night? Would you be afraid? Discuss how the child would feel.*
3. Ask the child how he can trust God in the situation. *Would God let a monster into your room? No! What can you do to trust that he will take care of you so you won't be afraid? (pray, sing a song to yourself so you can go to sleep)*

4. Ask the other children to offer ideas of how to trust God in the situation.
 - Clown - Know that it is just a person in a costume; trust that God will help you to be brave.
 - Snake - Don't go near it; trust that God will protect you.
 - Bee or bug - Hold still; trust that God will not let it hurt you.
 - Dog - Don't pat strange dogs; pray to God to make you brave.
 - Lion - Trust that God will protect you.
5. Choose another child to turn over another plate. Discuss this picture in the same way as you did the first picture.
6. Continue until you have discussed all of the pictures.
7. After everyone has had a turn, ask: *What should we do when we feel afraid? How does God feel when we trust him? How can we be like Paul?* Encourage the children to talk to their friends and not be afraid to share with them about what they are feeling.

Scripture Memory Activity

Tell the children what the memory verse is. Repeat it twice. Have the children repeat it with you. Ask for volunteers to stand up and preach the memory verse. Encourage the children to say it confidently like Paul would have preached after God told him to not be afraid. You may go first and show them how to preach the scripture.

Conclusion

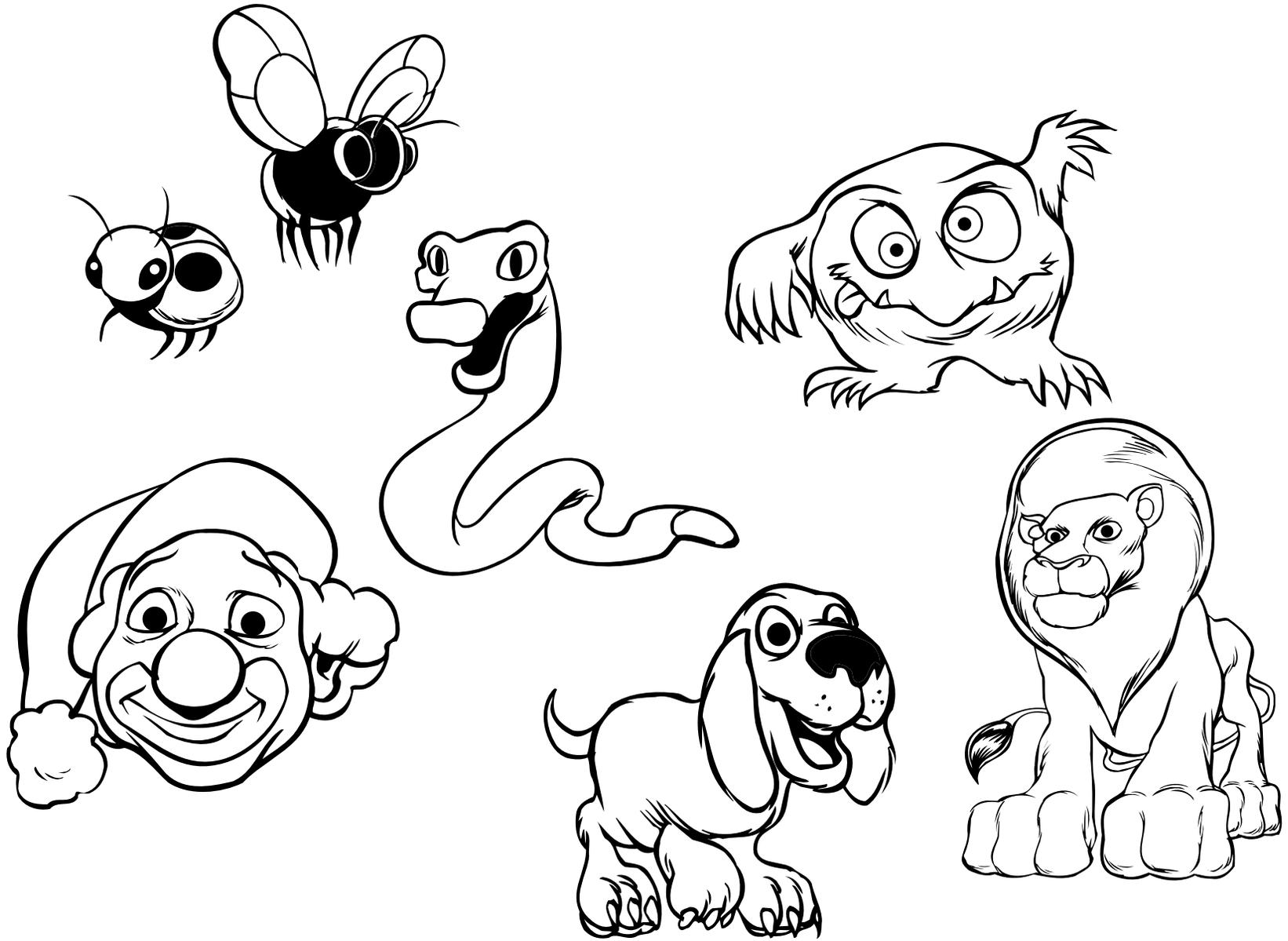
Pray with the children about trusting that God knows how we feel and that God will help us to be brave so we are not afraid.

Encourage the children to share what they are learning with their friends outside the church and to bring their friends to Bible class.

Teacher Tips

- You may need to share about things that you are afraid of to help the children to open up about their fears.





Core/Preclass
1 copy for each child

REPRODUCTION

Page

A



pictures

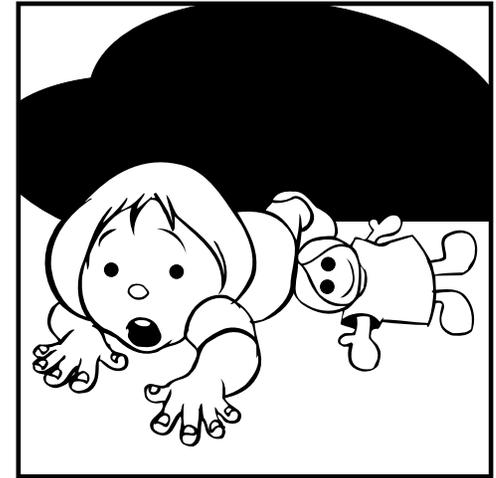
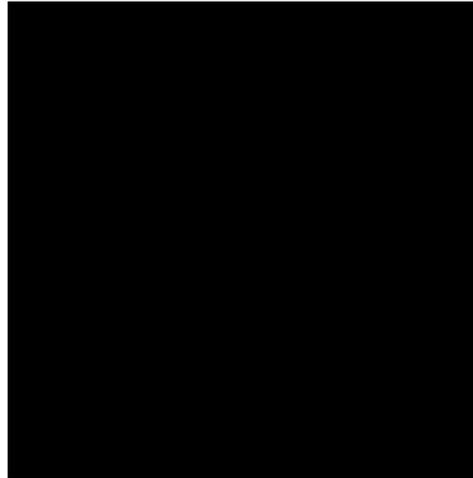
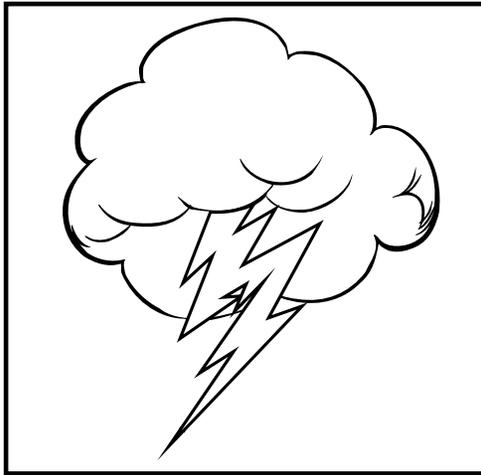


Core/Life Application
1 copy for the teacher

Read-Observe-Remember

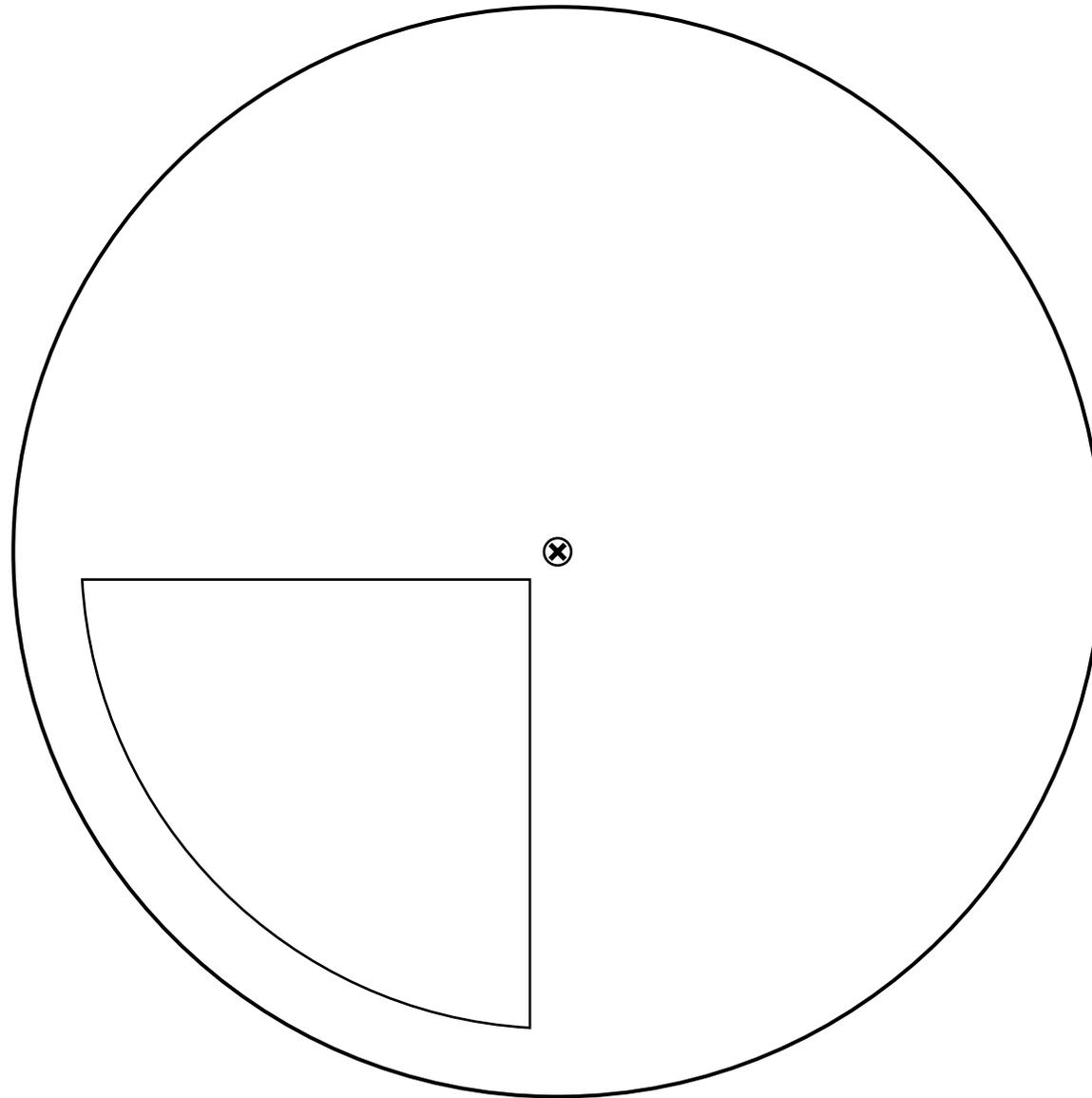
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B

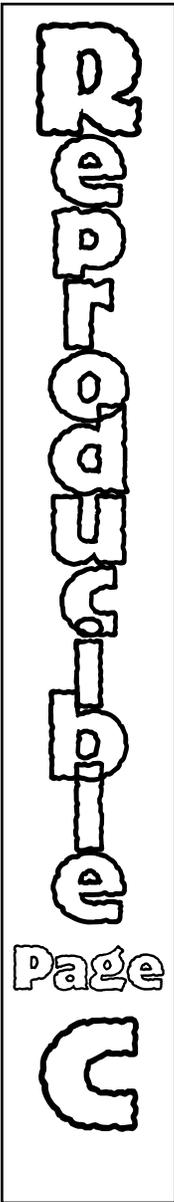


pictures

Core/Craft
1 copy for the teacher



wedge stencil

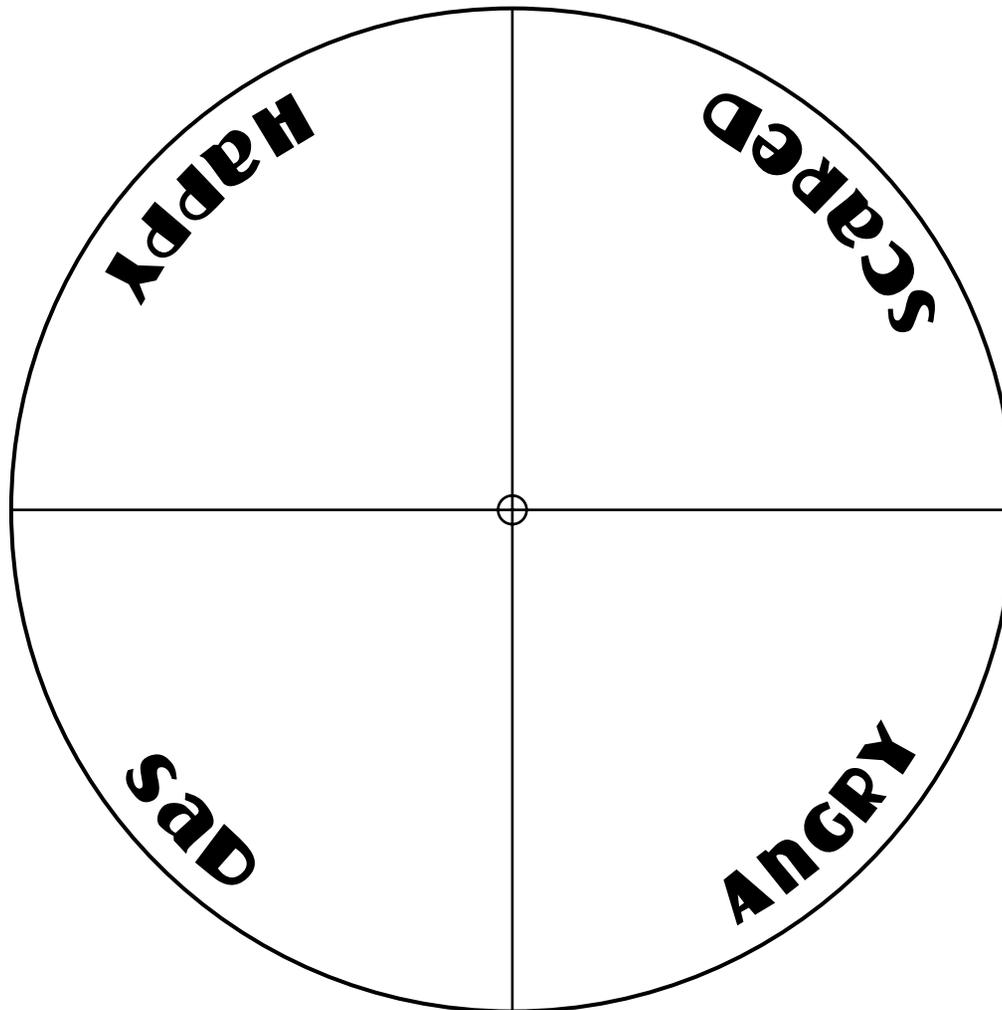


Core/Craft
1 copy for each child

READ-OBED-UB-D

Page

D



picture stencil

"Do not be afraid;
keep on speaking,
do not be silent."

Acts 18:9

scripture text box



Supplement/Craft

1 copy for every eight children

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E

I'm with you when you're red.
I'm with you when you're green.
I'm with you when you're changing,
and you're yellow in between.

I'm with you when you're red.
I'm with you when you're green.
I'm with you when you're changing,
and you're yellow in between.

I'm with you when you're red.
I'm with you when you're green.
I'm with you when you're changing,
and you're yellow in between.

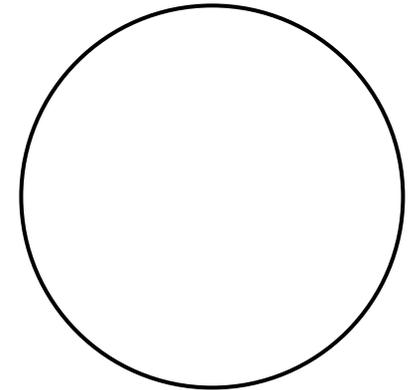
I'm with you when you're red.
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I'm with you when you're changing,
and you're yellow in between.

I'm with you when you're red.
I'm with you when you're green.
I'm with you when you're changing,
and you're yellow in between.

I'm with you when you're red.
I'm with you when you're green.
I'm with you when you're changing,
and you're yellow in between.

I'm with you when you're red.
I'm with you when you're green.
I'm with you when you're changing,
and you're yellow in between.



circle stencil

poems



Supplement/Life Application
1 copy for the teacher

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