

# Serving and Helping

## Lesson Objectives

- The children will describe ways that the jailer took care of Paul and Silas.
- The children will choose ways that they can serve and help at home.
- The children will name the jailer as the man who was happy to learn about God.

## Lesson Text

Acts 16:16-34

## Scripture Memory Verse

This is love for God: to obey his commands. And his commands are not burdensome.

1 John 5:3

## Lesson Plan

Greeting and Registration

Preclass Activity: Happy Helpers Kit

Welcome and Singing

Centers:

Bible Story: Eager To Help

Life Application: Bag O' Help

Craft: Helping Hand

NOTE: Be sure to allow sufficient time for a snack.



Pre  
class

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# Serving and Helping

## Happy Helpers Kit

The children will make a kit that they can use to help others.

### Materials

For each child:

- 1 piece of construction paper
- 1 adhesive bandage
- crayons or markers
- glue stick

For the teacher:

- stapler
- scissors
- 4 new sponges
- towel or rag
- a bar of soap
- magazines
- decorative materials

Reproducible Pages:

- Page A, 1 copy for the teacher

### Preparation

1. Cut out the handle stencil from the copy of Reproducible Page A.
2. Trace and cut out two handles for each child from construction paper.
3. Cut a 9" x 6" piece of construction paper for each child (half of a 9" x 12" sheet).
4. Prepare a "suitcase" for each child as follows. See Figure A:
  - A. Fold each piece of construction paper in half and write "Happy Helper Kit" on one side. NOTE: The folded edge is on the bottom.
  - B. Staple a handle to each side of the folded paper.
5. Cut a 1" x 2" piece of sponge for each child.
6. Cut a 1" x 2" piece of towel for each child.
7. Cut a small piece of soap for each child.
8. Cut out pictures of food from a magazine, one or two for each child.
9. Make a model of the kit following the instructions.

### Instructions

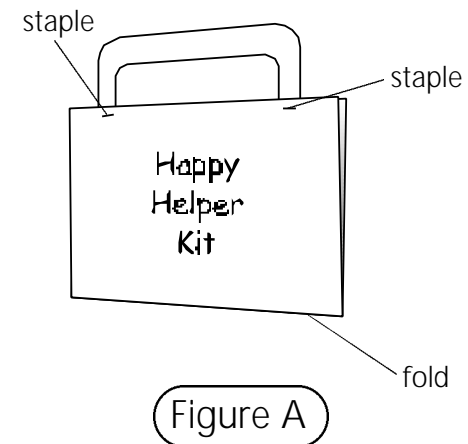
1. Show the children the model. We are learning about the jailer who served and took care of Paul and Silas when they were in prison. You are going to make a kit so that you can serve and help people too.
2. Give each child a "suitcase" kit.
3. Have the children color and decorate the outsides of their kits.
4. Help the children to staple the sides together, leaving the top open.
5. Give each child the objects to go into their kit (sponge, towel, soap, adhesive strip and the food pictures).

### Conclusion

Encourage each child as they finish their kit.

### Teacher Tips

- As you give the objects to the children, discuss how they can use these things to help others.
- Choose children to be your helpers and hand out the sponges, towels, soap, etc.



# Serving and Helping

## Eager To Help

The Bible story focuses on how the jailer helped Paul and Silas after he was baptized.

### Lesson Text

Acts 16:16-34

### Materials

For the teacher:

- “Eager Readers” model craft from the Unit 14 Lesson 1, Craft
- butcher paper or newsprint
- sponge
- wash cloth
- soap
- adhesive bandages
- pictures of food
- markers or crayons

### Preparation

1. Trace two silhouettes of a child’s body on butcher paper. These will be silhouettes of Paul.
2. On one silhouette, draw cuts, scratches, as well as dirty hands, feet, face and clothes. Include a smiling face!
3. On the other silhouette, draw only cuts and scratches, no “dirt” at all. Include an extra big smiling face! Cut this silhouette into pieces: head, arms, body, legs.
4. Before the children arrive hang the silhouette of Paul where they can easily see it. Hang only the silhouette that has the dirt and scratches on it. You’ll use the pieces later.

### The Helper

Recently we learned about a jailer who was eager to learn about Jesus from Paul and Silas. Do you remember the story? Show the “Eager Readers” craft. Using the booklet as a guide, briefly retell the story. Paul and Silas were thrown in prison for healing a girl in Jesus’ name. The men who put them in prison were not nice to them at all. They hurt them and spoke meanly to them (Acts 16:16-24). Even though Paul and Silas were in prison, they were still happy because they loved God and knew that he would take care of them. Are you happy because God takes care of you and protects you every day?

That’s great! Paul and Silas sang songs and prayed to God while they were in prison (Acts 16:25). During the night there was an earthquake and all the prison doors flew open! The jailer thought that all the prisoners had escaped, but Paul and Silas said, “Wait! We’re all here!” (Acts 16:26-28). The jailer was so afraid, he wanted to know what he could do to please God (Acts 16:29-30). Who remembers what Paul said? Yes, he told him to believe in Jesus. What do you think Paul may have used to teach him about Jesus? Yes, he probably used the Bible. Did Paul only teach the jailer? No, he taught his whole family—they were all eager to learn about Jesus. The jailer and his family were baptized and they all celebrated. The y were happy that they could learn about God (Acts 16:31-32).

That’s not the whole story (Acts 16:31-32). The jailer also wanted to help Paul and Silas. Motion to the silhouette image of Paul. How do you think the jailer would help Paul and Silas? That’s right! He washed the dirt off of them and washed all of their cuts and scrapes (Acts 16:33). Pick up the rag and “wash” off Paul’s dirt and clean his cuts. As you wash each area, cover the dirty, scraped body with the “clean” body parts. As you wash, ask the children, Who takes care of you when you fall down and hurt yourself?

The jailer was eager to help Paul and Silas because he was so grateful for how Paul and Silas had helped him to learn about Jesus.

After you place the clean body parts on the silhouette, put adhesive bandages over the cuts.

Do you think Paul might be hungry? The jailer did. He fed Paul and Silas after he cleaned them up (Acts 16:34). Let’s give him something to eat. Tape pictures of food onto Paul’s stomach.

The jailer washed the dirt off of Paul, bandaged his cuts and gave him something to eat. Was the jailer eager to help Paul? How do you think Paul and Silas felt after the jailer took care of them? Do you think the jailer was happy to help? Why? Yes, because the y had helped him and his whole family to learn about God.



# Serving and Helping

## Conclusion

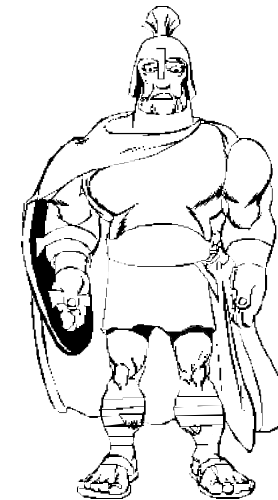
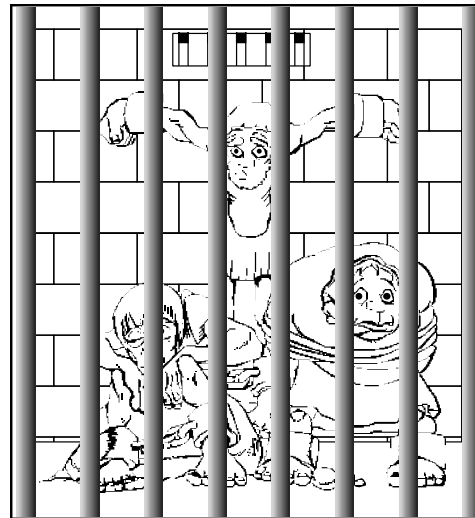
Who was the person in the story who was so happy to learn about God? (the jailer) How did he show his love for God? (by caring for Paul and Silas)

Ask the children to name people that they could be eager to help. (Parents, teachers, siblings, friends, etc.)

Encourage them to be like the jailer and to always be eager to help others.

## Teacher Tips

- Be careful not to make the silhouettes look gruesome.



# Serving and Helping

## Bag O' Help

In this activity, the children will pick objects from a bag and discuss how they can use the item to be eager to help at home.

### Scripture Memory Verse

This is love for God: to obey his commands. And his commands are not burdensome.

1 John 5:3

### Materials

For the teacher:

- two 4" x 4" pieces of construction paper
- grocery-size bag
- objects to represent ways they can be eager to help others: toy, plate, knife, fork and a piece of clothing

Reproducible Pages:

- Page B, 1 copy for the teacher

### Preparation

1. Cut out and color the pictures from the copy of Reproducible Page B.
2. Glue the picture onto a piece of construction paper.
3. Place the following objects into the bag: a toy, a plate, knife, fork, a piece of clothing, and the two pictures from Reproducible Page B.

### Instructions

1. When the children are seated ask a child to reach into the bag and select an object without looking in the bag.
2. Ask the child to tell the class what the object is.
3. Ask the child how they could be a helper with that object.

For example:

- Toy: share with others, clean up your toys
- Plate, knife and fork: set the table, wash the dishes
- A piece of clothing: pick up your clothes, get yourself dressed
- Picture of a smaller child holding the hand of a bigger child: help take care of younger siblings
- Picture of two children hugging: Be friendly and loving

NOTE: Help the children to be specific in their descriptions of helping. If they select the picture of two children holding hands and say, "I could help my little brother." Ask, "How could you help him?" Ask as many questions as you need to so that they can leave thinking about helping in very specific, concrete ways.

4. Give each child an opportunity to pull out an object and discuss how they can be a helper.
5. If you have more children in your group than objects; return the objects to the bag and continue until every child has had a turn. Even though they are pulling out the same objects, their own personal application will be different.

### Scripture Memory Activity

Sing the Scripture Memory Verse, "This is love for God" from the Unit 14 Song Sheet.

### Conclusion

When we serve and help others, it shows God that we love him and we are thankful to him. Just as the jailer was thankful and served Paul and Silas.

God wants us to help and serve people. If we show we love people, then they will know that God loves them too. Then they will love God and want to learn about him.

Choose a child to pray to God for the class to be kind and helpful to people.

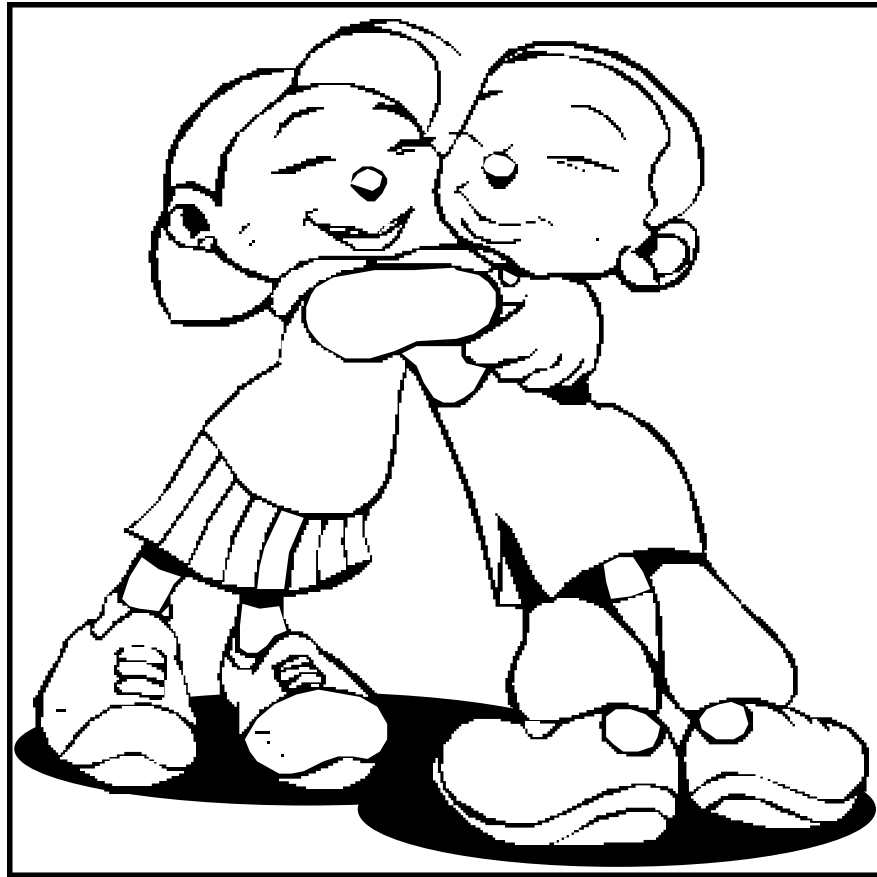
### Teacher Tips

- Make sure the knife and fork are plastic.
- Use a paper grocery bag instead of plastic.



# Serving and Helping

Life  
● APPLICATION



## Serving and Helping

### Helping Hand

The children will make "helping hand" magnets to remind them to be helpers.

#### Materials

For each child:

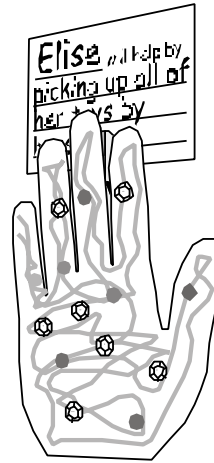
- 1 piece of light-colored construction paper
- 1 spring-type wooden clothespin
- glue stick
- scissors
- crayons or markers
- decorative items: ribbon, buttons, etc.

For the teacher:

- scissors
- magnetic stripping, 1/4" width
- glue stick

Reproducible Pages:

- Page C, 1 copy for every 6 children



#### Preparation

1. Cut out the helper notes from the copies of Reproducible Page C.
2. Cut a 2 1/2" piece of magnetic stripping for each child.
3. Peel off the strip's backing, and then place the magnetic strip onto one "leg" of each clothespin. See Figure A.
4. Make a model of the craft following the instructions.

#### Instructions

1. Introduce the craft as follows: We are learning this week about the jailer who became a disciple and helped Paul and Silas. He cleaned their wounds and gave them food. The jailer was helpful to Paul and Silas. Today we will make a craft to remind us to be helpful, too. Show the children your model of the craft. Read what you wrote on the helper note. Think of one way that you can be a helper at home. Later we will write this on your craft.

2. Have the children make and decorate their hands as follows:
  - A. Give each child a piece of construction paper and crayons. Have the children trace one of their hands. NOTE: Have them keep their fingers together while tracing their hands.
  - B. Give each child scissors. Have the children cut out their paper hands.
  - C. Give the children the decorative items. Have them draw fingers, color and decorate their paper hands.
3. Complete the helper note for each child as follows:
  - A. While the children are decorating their paper hands, circulate among them with the helper notes.
  - B. Ask each child to tell you one way he can be a helper at home this week. Write the child's name and response on a helper note.
  - C. Clip the helper note to the child's clothespin, as shown in Figure B.
4. Have the children glue their paper hands onto the clothespin leg, opposite the magnetic strip.

#### Conclusion

Ask the children to show their parents their craft and let them know that this is how they want to be a helper at home this week.

They can put the craft on their refrigerator to remind them how they can be helpful!

#### Teacher Tips

- Magnetic stripping is available at craft stores.
- Some children will be able to write their own name on their helper note.

# CRAFT

## Serving and Helping

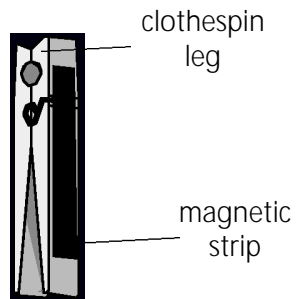


Figure A

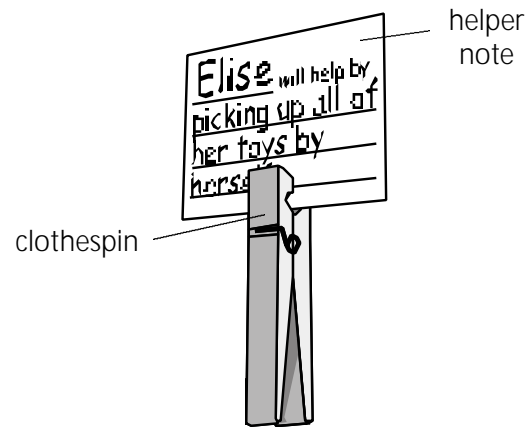
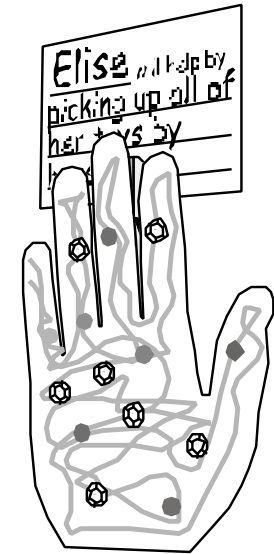


Figure B



Finished Craft







Pre class



# Serving and Helping

## Lesson Objectives

- The children will describe ways that the jailer took care of Paul and Silas.
- The children will choose ways that they can serve and help at home.
- The children will name the jailer as the man who was happy to learn about God.

## Lesson Text

Acts 16:16-34

## Scripture Memory Verse

This is love for God: to obey his commands. And his commands are not burdensome.

1 John 5:3

## May I Help You?

The children will make a name tag necklace that will encourage them to be a helper.

### Materials

For each child:

- 8 pieces of ziti pasta
- crayons or markers
- decorative items: buttons, ribbon, beans, etc.
- glue stick

For the teacher:

- hole punch
- string
- scissors
- hole reinforcement stickers (optional)

Reproducible Pages:

- Page D, 1 copy for every 3 children

## Lesson Plan

Greeting and Registration

Preclass Activity: May I Help You?

Welcome and Singing

Centers:

Game: Healing Relay

Craft: Open House

Life Application: Bag O' Help

NOTE: Be sure to allow sufficient time for a snack.

### Preparation

1. Cut out the name tags from the copies of Reproducible Page D.
2. Punch holes in the name tag where indicated.
3. Cut a 30" piece of string for each child.

### Instructions

1. Give each child a name tag to color and decorate.
2. Have the children write their name in the space provided. Younger children may need help with this.
3. Give each child eight pieces of ziti to color.
4. Give each child a string. Tape one end of the string to the table.
5. Have the children thread four pieces of ziti on the string.

6. Have the children thread their name tags onto the string.
7. Have them thread the last four pieces of ziti on the string.
8. Tie the string around the child's neck to make a necklace they can wear throughout the class.

### Conclusion

Discuss with the children what it means to be a helper. Ask them how they can be helpers in class today. How can they be helpers to their teachers? How can they be helpers to other children?

### Teacher Tips

- Some children may need assistance in threading the nametag onto the string.
- Apply reinforcement stickers around each hole (optional).

# Serving and Helping



## Healing Relay

The children will play a game where they wash and bandage Paul and Silas.

### Materials

For the teacher:

- butcher paper
- sponge
- wash cloth
- soap
- adhesive bandages
- magazines with pictures of food
- markers or crayons

### Preparation

1. Trace two silhouettes of a child's body on butcher paper. These will be silhouettes of Paul.
2. On one silhouette, draw cuts, scratches, as well as dirty hands, feet, face and clothes. Include a smiling face!
3. On the other silhouette, draw only cuts and scratches, no "dirt" at all. Include an extra big smiling face!  
A. Cut this silhouette into pieces: head, arms, body, legs.
4. Cut out five pictures of food from magazines.
5. Hang the silhouette of Paul where the children can easily reach it. Hang the silhouette that has the dirt and scratches on it. You'll use the individual pieces later.

### Instructions

1. Review the Bible Story. In our last class we learned how eager the jailer was to help Paul and Silas. Do you remember the Bible Story about the jailer and his family? Briefly retell the story. Paul and Silas were put in prison. While they were in prison they sang and prayed to God. At night, what happened? Yes, there was an earthquake and the doors of the prison flew open. The jailer was scared. What did he ask Paul and Silas? Yes, he asked them what he could do to be saved. What did they tell him? Yes, they told him all about Jesus. The jailer was so happy that he cleaned up Paul and Silas' wounds and fed them. Then he and his whole family were baptized.

2. This game is a relay race where you get to pretend to be the jailer and help clean up Paul's wounds. Explain that they will do this in a specific order: First the clean body parts are taped over the dirty ones. Second the bandages are put on the wounds. Third the food is taped to the stomach.
3. Have the children line up several feet from the silhouette.
4. Give the first child a piece of tape and have him select a clean body part.
5. When you say "Go" have the child tape the piece onto the silhouette of Paul.
6. Give the next child a piece of tape and have her choose another clean body part to tape onto Paul.
7. Continue until Paul has been completely "fed" and "healed."
8. If time permits, carefully remove the pieces and play again.

### Conclusion

Who was the man in the Bible Story who took care of Paul and Silas? (the jailer)

Encourage and praise the children for being eager to serve and help Paul as the jailer did. Ask them to think of times when they can be helpers at home or at school.

### Teacher Tips

- If you have a larger group (8 or more students), you may want to make 2 sets of materials and divide the children into 2 groups.



# Serving and Helping

## Open House

The children will make houses that show them helping at home.

### Materials

For each child:

- 2 pieces of different colored construction paper
- 1 piece of white paper
- paper clip
- pencil
- crayons or markers
- glue stick

For the teacher:

- utility knife
- scissors

Reproducible Pages

- Page E, 1 copy for every 5 children



### Preparation

1. Cut out the memory verses from the copies of Reproducible Page E.
2. Prepare a house for each child as follows:
  - A. Place one sheet of white paper between two sheets of construction paper.
  - B. Cut all three pieces into the shape of a house. See Figure A.
  - C. Glue the white house shape onto the bottom house shape. See Figure B.
  - D. Using the utility knife, cut a door flap and a large window flap from the top house. See Figure C.
  - E. Fasten the three houses and the memory verse together with a paper clip.
3. Make a model of the craft following the instructions.

### Instructions

1. Introduce the craft as follows: In our Bible Story we are learning about the jailer who became a disciple and helped Paul and Silas. He cleaned their wounds and gave them food. The jailer was helpful to Paul and Silas. Today we will make a picture of a house to remind us to be helpful, too. Show the children your model of the craft and how to open and shut the door and window. Explain what your helping pictures are.

2. Have the children draw pictures as follows:
  - A. Give them each a pencil, crayons and a set of houses with the memory verse. Read the memory verse to them.
  - B. Have them open and trace the door and window of the top house onto the white paper house.
  - C. Have them remove the top house. See Figure D. In the outlines, have the children draw pictures of themselves being friendly and helpful at home. For example, in the doorway, they could draw a picture of themselves greeting a friend who has come over to play. In the window, they could draw a picture of themselves picking up their toys.
3. Help the children glue their houses together as follows:
  - A. Have the children place glue on the front of the white paper house. NOTE: Tell the children not to place glue on the pictures they drew.
  - B. Help them align and place the top house over the white paper house.
4. Have each child glue the memory verse on the top house in between the window and door.

### Conclusion

Encourage the children to tell each other about their "open houses." Encourage them to be helpers at home this week, especially in the manner in which they illustrated.

### Teacher Tips

- Some children may think that they cannot draw. Encourage them that they can. Have them draw something while you watch and then encourage their efforts. All children can draw. Scribbling is drawing for some children as long as they're doing their best. Please do not draw for them.

# Serving and Helping

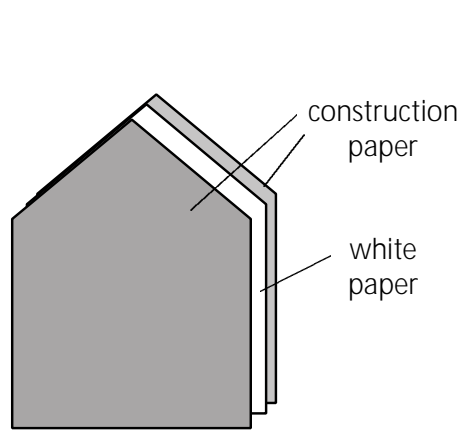


Figure A

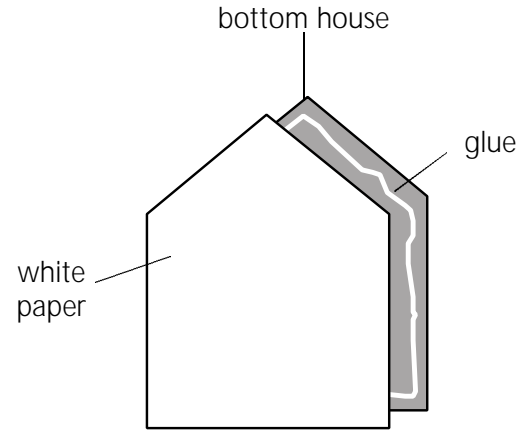


Figure B

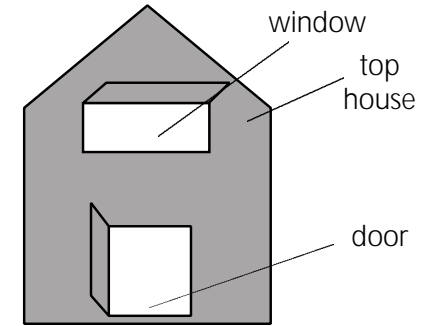


Figure C

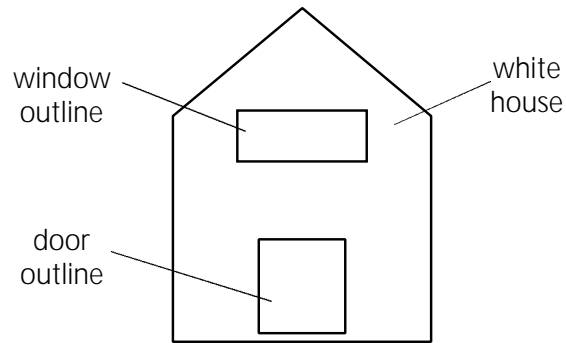
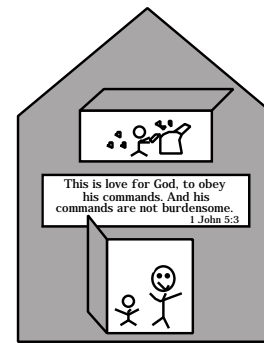


Figure D



Finished Craft





# Serving and Helping

## Bag O' Help

In this activity, the children will pick objects from a bag and discuss how they can use the item to be eager to help at home.

### Scripture Memory Verse

This is love for God: to obey his commands. And his commands are not burdensome.

1 John 5:3

### Materials

For the teacher:

- two 4" x 4" pieces of construction paper
- grocery-size bag
- objects to represent ways they can be eager to help others: toy, plate, knife, fork and a piece of clothing

Reproducible Pages:

- Page B, 1 copy for the teacher

### Preparation

1. Cut out and color the pictures from the copy of Reproducible Page B.
2. Glue the picture onto a piece of construction paper.
3. Place the following objects into the bag: a toy, a plate, knife, fork, a piece of clothing, and the two pictures from Reproducible Page B.

### Instructions

1. When the children are seated ask a child to reach into the bag and select an object without looking in the bag.
2. Ask the child to tell the class what the object is.
3. Ask the child how they could be a helper with that object.

For example:

- Toy: share with others, clean up your toys
- Plate, knife and fork: set the table, wash the dishes
- A piece of clothing: pick up your clothes, get yourself dressed
- Picture of a smaller child holding the hand of a bigger child: help take care of younger siblings
- Picture of two children hugging: Be friendly and loving

NOTE: Help the children to be specific in their descriptions of helping. If they select the picture of two children holding hands and say, "I could help my little brother." Ask, "How could you help him?" Ask as many questions as you need to so that they can leave thinking about helping in very specific, concrete ways.

4. Give each child an opportunity to pull out an object and discuss how they can be a helper.
5. If you have more children in your group than objects; return the objects to the bag and continue until every child has had a turn. Even though they are pulling out the same objects, their own personal application will be different.

### Scripture Memory Activity

Sing the Scripture Memory Verse, "This is love for God" from the Unit 14 Song Sheet.

### Conclusion

When we serve and help others, it shows God that we love him and we are thankful to him. Just as the jailer was thankful and served Paul and Silas.

God wants us to help and serve people. If we show we love people, then they will know that God loves them too. Then they will love God and want to learn about him.

Choose a child to pray to God for the class to be kind and helpful to people.

### Teacher Tips

- Make sure the knife and fork are plastic.
- Use a paper grocery bag instead of plastic.

supplement

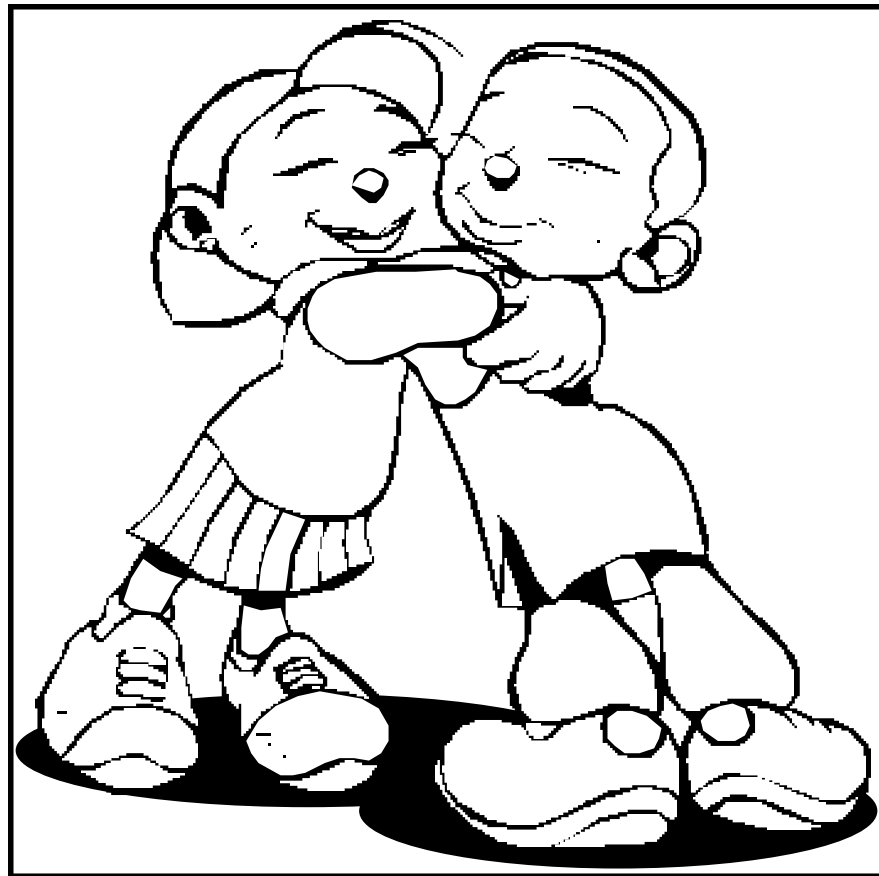
Life

APPLICATION

# Serving and Helping

**The Christian Family**

Lesson 2



Winter 2

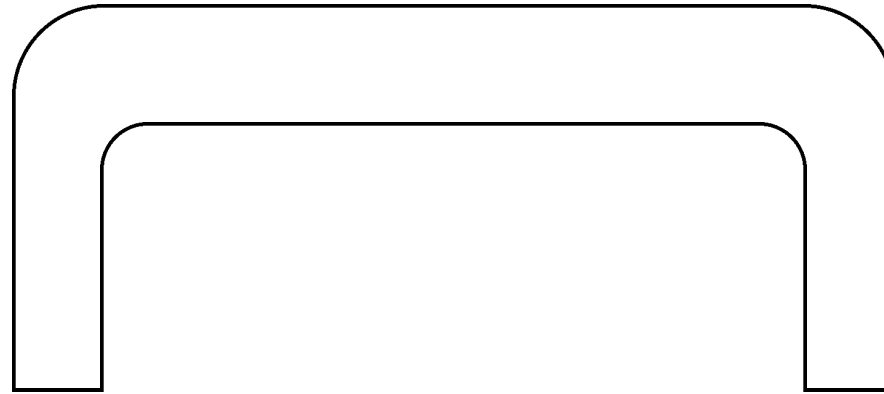
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The Christian Family 14-2-14

REPRODUCTION  
e-bible  
Page  
A

Core/Preclass  
1 copy for the teacher

**The Christian Family**  
Lesson 2

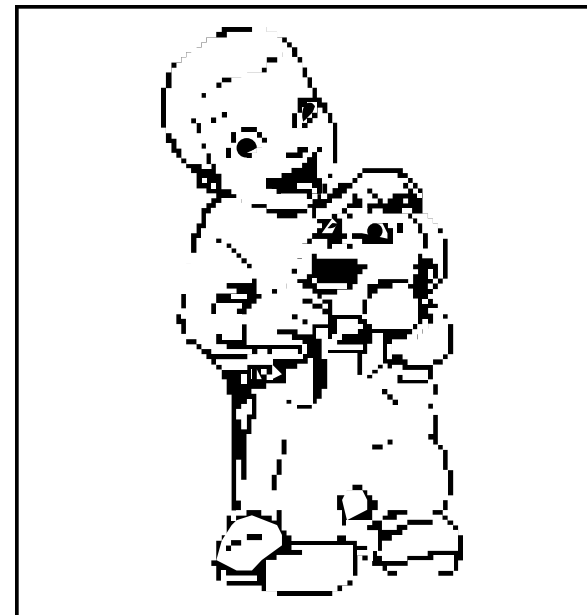
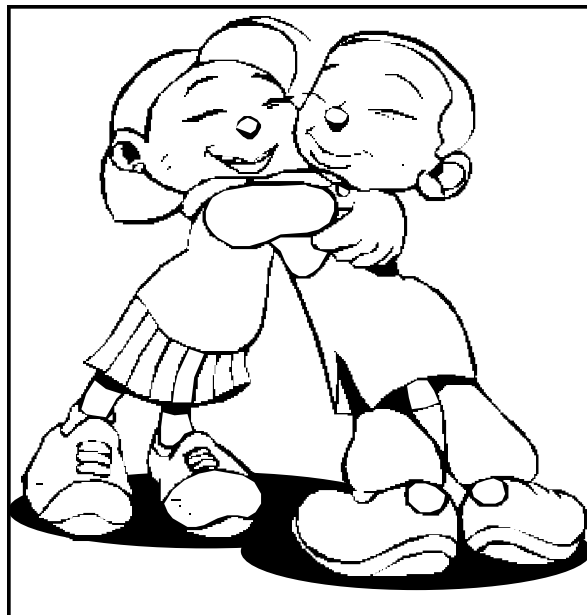


handle stencil



Core and Supplement/Life Application  
1 copy for the teacher

Read-Aloud  
Page  
B



pictures





Core/Craft  
1 copy for every 6 children

_____ will help by: _____ _____ _____	_____ will help by: _____ _____ _____
_____ will help by: _____ _____ _____	_____ will help by: _____ _____ _____
_____ will help by: _____ _____ _____	_____ will help by: _____ _____ _____

helper notes





Supplement/Preclass  
1 copy for every 3 children

**The Christian Family**  
Lesson 2

May I Help You?  
Hello!  
My Name Is:

May I Help You?  
Hello!  
My Name Is:

May I Help You?  
Hello!  
My Name Is:

name tags



Page  
**M-D-B-A-C-O-T-P-D-R**

Supplement/Craft  
1 copy for each child

This is love for God: to obey  
his commands. And his  
commands are not burdensome.  
1 John 5:3

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**The Christian Family**  
Lesson 2