

Joy and Contentment

Lesson Objectives

- The students will compare and contrast joy and anxiety.
- The students will explain Paul's secret to contentment.
- The students will state one thing that God wants them to think about.

Lesson Text

Philippians 4:4-13

Scripture Memory Verse

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6

Lesson Plan

Greeting and Registration

Preclass Activity: Recipe Cards

Welcome and Singing

Centers:

Bible Story: A Big Secret

Craft: Mood Ring

Scripture Memory: What's on Your Mind?

NOTE: Allow time for a snack.

True

NOBLE

Right

Pure

Lovely

ADMIRABLE

EXCELLENT

Praiseworthy



3rd and 4th Grades

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Joy and Contentment

Recipe Cards

The students will preview today's lesson as they think about the ingredients for a joyful life.

Materials

For each student:

- pencil

Reproducible Pages:

- Page A, 1 copy for each student

Preparation

Complete the activity on your copy of Reproducible Page A.

Instructions

1. Greet the students as they arrive. Tell them that today's lesson is the first in a series about the messages of Paul. Explain that Paul not only traveled around the world to teach and preach, but he also wrote many letters to the churches to help and strengthen them. In their activity today, they will think about the difference between joy and anxiety to prepare them for today's lesson.
2. Tell the students to open their Bibles to Philippians 4. Distribute the copies of Reproducible Page A and pencils. Encourage the students to work with a partner to complete their activity.
3. Circulate among the students to offer help and encouragement.
4. Encourage the students who finish early to read Philippians 4 on their own.

Teacher Tips

- Bring in actual recipe cards or cookbooks to show the students.

Recipe Card (Answer Key)

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7

Directions: Using the words in the box, fill in the recipe below.

gentleness	petition	prayer
thanksgiving	peace	

Ingredients

1 cup of g e n t l e n e s s
 2 tablespoons p r a y e r
 1 tablespoon p e t i t i o n
 3 tablespoons t h a n k s g i v i n g
 4 tablespoons p e a c e

Take 1 cup of gentleness and spread it all around. Mix together the 2 tablespoons of prayer and the 1 tablespoon of petition. Cover with the 3 tablespoons of thanksgiving. Stir in the 4 tablespoons of peace. Continue stirring until smooth.

Directions: Open your Bible to Philippians 4:4-7 and use these verses to help you fill in the missing words.

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

GENERATION
3rd and 4th Grades



3rd and 4th Grades

Joy and Contentment

A Big Secret

The students will participate in today's Bible Story as they discover Paul's secret to a joyful life.

Materials

For the teacher:

- 12 index cards, 3" x 5"
- marker

Preparation

1. Number eight index cards from one to eight. Write one of the following words on each of the index cards: true, noble, right, pure, lovely, admirable, excellent, praiseworthy.
2. Write the word "DO" on three other index cards, and "DON'T" on the last index card.
3. Think and pray about presenting this activity so that the students will see joy and contentment in your life.

Introducing the Bible Story

Open your Bible to Philippians 4. Tell the students that today's Bible Story comes from the New Testament book of Philippians. *What we call a "book" is really a letter that Paul wrote to the disciples who lived in Philippi. Does anyone remember some people in Philippi that Paul helped to become Christians? (Lydia, the Philippian jailer) After Paul left Philippi, many more people were baptized and the church continued to grow. Paul loved the church in Philippi very much, so he wrote them this letter to tell them how much he loved them. He also wrote to remind them to always think about Jesus and do what Jesus would do in every situation. At the end of this letter, Paul tells his friends that he has learned a very important secret. In our Bible Story today, we are going to learn about Paul's secret, too!*

Presenting the Bible Story

Tell the students to open their Bibles and follow along as you read Philippians 4:4-7. Tell the students to listen for two things that Paul tells the Philippians. He tells them to do three things and he tells them to not do something else. When you are finished, ask the students to be ready to tell you what those things are.

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
(Philippians 4:4-7)

Pass out the DO and DON'T cards that you prepared. (Answers for "Do" should include: rejoice, let your gentleness be evident to all, present your requests to God; answer for "Don't" is be anxious.)

Tell the students to follow along as you read the verses 8 and 9 and listen for the eight things that Paul said to think about. Read the passage twice.

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Pass out the eight index cards to eight students and have them each say one of the things that Paul said to think about.

Ask the students if they want to know Paul's secret. Explain that in the next three verses, Paul is going to tell us his secret. Tell the students to follow along as you read verses 10-12.

I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.



3rd and 4th Grades

Joy and Contentment

- *What secret had Paul learned?* (to be content in every situation)
- *What does "content" mean?* (satisfied, easy in mind, pleased, feeling like you have what you need and want)
- *What are the situations that Paul describes?* (need or plenty; well fed or hungry; plenty or in want)
- *How do you feel when you are well fed and have everything you need and want?* (happy, carefree, satisfied, pleased)
- *How do you feel when you are hungry and don't have what you need or want?* (sad, uncomfortable, in pain, weak)
- *How did Paul say that he felt when he was in all those different situations?* (content)

What's the Big Secret?

Ask the students to say what they think Paul's secret is. Explain that Paul learned that being happy, satisfied, or pleased did not depend on what he had or did not have, it depended on his faith that God would meet all his needs. Explain that the difference between a "want" and a "need" is if you don't have a "need" you will die. Paul knew that whether he was hungry or well fed, he could pray and be thankful. He could still think about God and all the things he described earlier in the verse. Paul's secret to being happy or satisfied was praying, being thankful and thinking about good, beautiful, lovely, right, pure, true, noble, excellent and praiseworthy things.

Sharing with Others

Ask the students if they can think of someone who is only satisfied when they have what they want. Encourage the students to share today's lesson with that person and invite them to come with you to church. Close with a prayer for the students to practice Paul's secret to happiness this week.

Teacher Tips

- Think of additional ways to embellish or decorate the index cards to make them more appealing to the students.

Joy and Contentment

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Mood Ring

The students will create mood rings that depict both anxiety and joy.

Materials

For each student:

- 1 pipe cleaner
- poster board, 3" square
- crayons or markers
- scissors

For the teacher:

- scissors
- glue stick
- single hole punch
- plastic bag

Reproducible Pages:

- Page B, 1 copy for every 8 students

Preparation

1. Prepare a mood ring square for each student, see Figure A, as follows:
 - A. Cut out the mood ring square from the copies of Reproducible Page B, leaving approximately a 1/2" border around the squares as you cut. Each student will need only one square.
 - B. Cut a 3" square from poster board.
 - C. Glue the mood ring square to the center of the poster board square.
 - D. Punch two holes through the holes where indicated on the mood ring square.
2. Cut each pipe cleaner in half. Place the cut pipe cleaners in a plastic bag.
3. Make a sample of the craft to show the students.



Instructions

1. Introduce today's activity: *In your Bible Story this week, you are learning about Paul's message to the church in Philippi in which he shares his secret to happiness. Paul wanted the disciples to learn from his example. Paul explained that the secret of happiness and contentment is what you think and pray about, not what you have or don't have. Paul wanted the disciples to be full of joy and not anxiety. In your craft today, you will make a ring to remind you of Paul's message.*
2. Show the students your ring and read the words written there. Read Philippians 4:6 to them.
3. Distribute the squares you prepared, scissors and crayons. Have the students color their squares. Have them trim the squares along the lines. See Figure B.
4. Let the students each choose two different color pipe cleaner pieces. Demonstrate and help the students twist the pipe cleaners around one another to make one braided piece. See Figure C.
5. Have the students thread one end of the pipe cleaner through one hole in their mood rings, then thread the other end through the other hole. See Figure D. Have them pull down the ends.
6. Fit each student's ring by placing it over their finger, and then twisting the ends around the bottom of the finger, as shown in Figure E. After twisting the ends twice, trim off any excess pipe cleaner. Be careful not to make it too tight.

Conclusion

Ask the students to name one thing that they worry about. Ask them how it makes them feel to know that Paul says they can be happy and even rejoice when they do not have all that they want or need. Close with a prayer for the students to remember Paul's secret to happiness this week.

Teacher Tips

- If any students do not want to wear a ring, let them make an armband or bracelet instead.



3rd and 4th Grades

Joy and Contentment

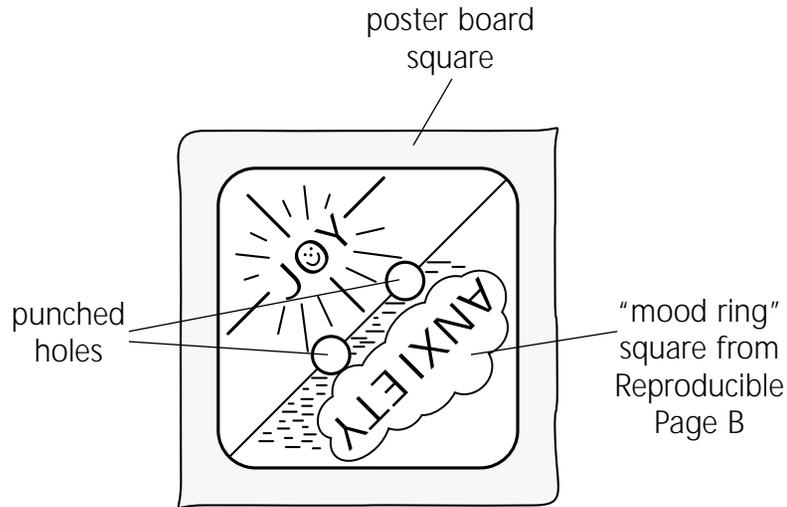


Figure A

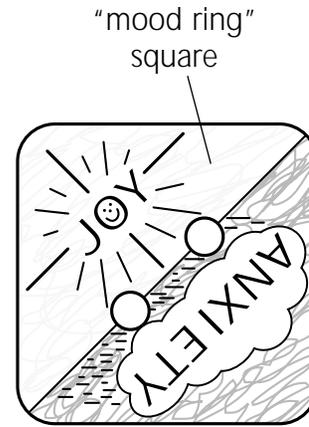


Figure B

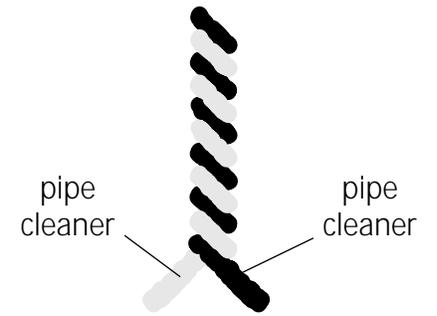


Figure C

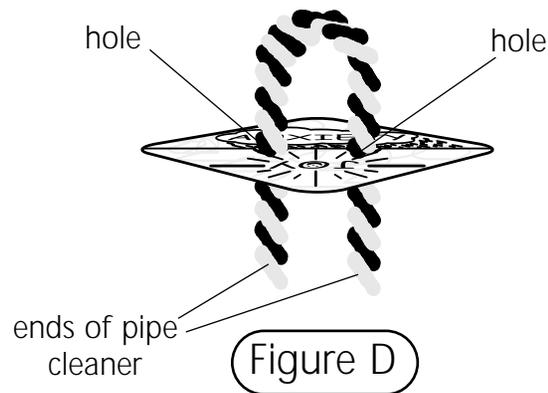


Figure D

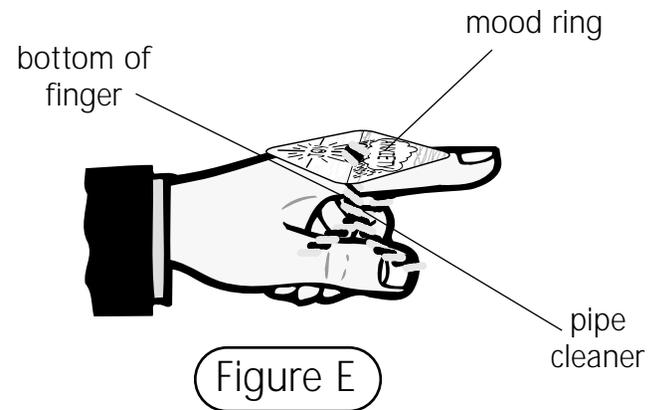


Figure E

Joy and Contentment

What's on Your Mind?

The students will learn and memorize today's Scripture Memory Verse as they think about Paul's message to the Philippians.

Scripture Memory Verse

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6

Materials

For each student:

- brass fastener

For the teacher:

- scissors
- tape

Reproducible Pages:

- Page C, 1 copy for each student

Preparation

1. Make a sample headband from your copy of Reproducible Page C to show the students.
2. Memorize the Scripture Memory Verse before class.
3. Practice leading this activity.

Instructions

1. Introduce today's activity: *In your Bible Story this week, you are learning about Paul's letter to the church in Philippi in which he shares his secret to happiness. Paul explained that the secret of happiness is in what you think and pray about not in what you have or don't have. In your Scripture Memory Verse, you will learn some of Paul's famous words about being content.*
2. Show the students the Scripture Memory Verse on the back of this Lesson Card. Say it to them three times while they follow along silently. Ask them to say it together with you three more times. Ask for volunteers to be your partner and say it to the group.
3. Read Philippians 4:4-9 to the students. Tell them to listen for the Scripture Memory Verse and raise their hands when they hear it.
4. Read it again. This time, have the students raise their hands each time they hear the words "mind" or "think." Explain that Paul wanted the Philippians to see that the secret of being happy is in

what they pray about and think about—not in what they had or did not have.

5. Lead the students again in saying the Scripture Memory Verse five times, each time increasing speed. Ask for students to find a partner and say the verse together from memory.
6. Say the Scripture Memory Verse to the students again five more times. Each time, stop and let the students finish it, as follows:
 - Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, _____.
 - Do not be anxious about anything, but in everything, by prayer and petition, _____.
 - Do not be anxious about anything, but in everything, _____.
 - Do not be anxious about anything, _____.
 - Do not _____.

Extra Challenge

Have the students learn verse 7 as well:

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:7

Conclusion

What does a guard do? Why do you think that God wants to guard your hearts and minds? Show them the headband you prepared and distribute the copies of Reproducible Page C and brass fasteners for the students to make their own headband at home as a reminder of today's verse. Close with a prayer for the students to remember their Scripture Memory Verse this week.

Teacher Tips

- If time permits, have the students make their headbands during this activity center.



3rd and 4th Grades

Joy and Contentment

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6



3rd and 4th Grades

Lesson Objectives

- The students will compare and contrast joy and anxiety.
- The students will explain Paul's secret to contentment.
- The students will state one thing that God wants them to think about.

Lesson Text

Philippians 4:4-13

Scripture Memory Verse

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6

Lesson Plan

Greeting and Registration

Preclass Activity: Don't Worry, Be Happy!

Welcome and Singing

Centers:

Life Application: No Matter What!

Game: Jump for Joy

Bible Skills: Search for Joy

NOTE: Allow time for a snack.

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Don't Worry, Be Happy!

The students will review this week's lesson as they complete this activity.

Materials

For each student:

- pencil
- scissors
- glue stick
- crayons or markers (optional)

For the teacher:

- magazines containing pictures of joyful and anxious people

Reproducible Pages:

- Page D, 1 copy for each student

Preparation

Complete the activity on your copy of Reproducible Page D.

Instructions

1. Greet the students as they arrive. Remind them that this week they are learning about Paul's message to the Philippians to rejoice always! Explain that in today's activity they will review the Bible Story and think about the difference between joy and anxiety.
2. Distribute the copies of Reproducible Page D and pencils. Encourage the students to work with a partner. Help pair the students who heard this week's Bible Story with those who did not.
3. When the students have completed their worksheets, have them look through the magazine pictures and cut out a picture of an "anxious face" and a "happy face" and glue these to the back of their worksheets.

4. Circulate among the students to offer help and encouragement. Review the Bible Story with those who did not hear it.

Teacher Tips

- Be careful to remove inappropriate pictures or advertisements from the magazines prior to class. You may also chose to tear out appropriate pictures and let the students pick from your pictures.
- Distribute crayons to students who prefer to draw the anxious and happy faces instead of using the magazine pictures.



3rd and 4th Grades

L i f e A p p l i c a t i o n

No Matter What!

The students will review this week's Bible Story as they consider the things that God wants them to think about.

Materials

For the teacher:

- scissors
- small container
- small ball, bean bag, or soft object
- Audio/Visual Cues (See Audio/Visual Cues section.)

Reproducible Pages:

- Page E, 1 copy for the teacher

Preparation

1. Cut out the words from your copy of Reproducible Page E and put them in the small container.
2. Practice leading this activity.

Reviewing the Bible Story

Open your Bible and read Philippians 4:4-13 to the students. *This week you learned about Paul's message to the Philippians to rejoice always—no matter what! Paul explained that his secret to being content was praying and thinking about God in every situation. Paul told the Philippians not to be anxious about anything—but to pray about everything and be thankful!*

Paul loved the Philippians very much. He had a lot of joy in his heart whenever he thought or prayed for them. Paul's special friends made him happy just thinking about them. Paul knew that by thinking about special things and people, he could be happy—no matter what! Ask the students if they remember some of the different things Paul said to think about. (true, noble, right, pure, lovely, excellent, praiseworthy, admirable) Tell the students that Paul also encouraged them to remember and imitate the things that he had taught them. Explain to the students that today they are going to consider some things that God wants them to think about.

Life Application

Have the students sit in a circle. Show them the small container you prepared. Explain that inside the container are words that come from the Bible Story and describe things that we should think about.

Show the students the words and read each one to them. Place them back in the container and mix them up.

Show the students the small ball you brought. Explain that they will pass it around the circle saying, "God wants me to be happy no matter what!" The student who says the last word, "what!" will take a word out of the small container and read it to the rest of the group. Then all the students will call out as many things that fit that category as they can. Use the chart below for ideas if the students have trouble thinking of things. Continue until every student has had a chance to take a word from the container.

True	the Bible; Jesus' words
Noble	political heroes; movies about courage
Right	parents; Jesus' words; the Bible
Pure	babies; children; waterfall
Lovely	nature; a painting or photograph of nature
Admirable	people who have changed their lives or others' lives; doctors; HOPE volunteers and projects; leaders in the church
Excellent	Jesus; famous leaders; an accomplishment; leaders in the church
Praiseworthy	nature; beautiful music or artwork; God; Jesus; the Bible; books about God

Audio/Visual Cues

To reinforce today's exercise, bring in pictures of nature, children, and other scenes that illustrate the words from Philippians. If suitable, play classical or Christian music in the background or bring in biographies of famous athletes, personal awards or prizes, a photograph of a best friend, etc. Be prepared to explain how the item relates to a word in Philippians 4:8.

Conclusion

Ask the students to think of one way that this exercise will help them during this coming week. Close with a prayer thanking God for making it possible for us to be happy—no matter what!

Teacher Tips

- Think of additional ways to decorate the words to make them more appealing to the students.



3rd and 4th Grades



Jump for Joy

The students will review key ideas from this week's lesson as they play hopscotch.

Material

For the teacher:

- masking tape
- small round, flat items for markers: buttons, coins, etc.
- 10 index cards, 3" x 5"
- pen
- container
- score pad and pencil



Preparation

1. Number the index cards from one to ten. Shuffle them and place them in the container.
2. Set up a hopscotch area for this activity. DO NOT put masking tape on a carpeted floor. If you do use masking tape on a floor, make sure to remove it completely at the end of the activity. Otherwise, find an alternative to making the hopscotch area.
3. Practice leading this activity.



Instructions

1. Introduce today's activity: *In your Bible Story this week, you learned about Paul's letter to the church in Philippi. In it, Paul shares a secret as he talks about some very difficult times in his life. Paul explained that the secret of being content is not in what you have or don't have, it is in what you think and pray about. In your game, you will think about Paul's secret to happiness and contentment and things that God wants you to think about.*
2. Explain the game of hopscotch to any students who are not familiar with it. Demonstrate how to throw the marker down on a square and hop around it to the end of the hopscotch area and back, retrieving your marker on the way back.
3. Tell the students that they will take a card and answer a question before throwing their object. (They may use their Bibles.) They can earn points by answering a question correctly and for completing the hopscotch course successfully—without falling or missing a toss. After they answer the question, they will use the number on the card to determine the number on the hopscotch



board that they will try to toss to. (For the numbers over "5," the students may have two turns to toss their marker.)

4. Divide the students into two teams, being careful to mix the students who did not hear this week's Bible Story with those who did. Choose a team to go first and a student to take the first card. Tell the students that they may work together to answer the questions. When the student has answered the question, he may throw his marker on the same number as the card he picked. If he successfully tosses and jumps through the hopscotch area, he may receive the points on the card. For example: Charles chooses card #4. His teams correctly answers question #4 on the back of this Lesson Card and they earn four points. Next, Charles successfully tosses his marker to space #4 and hops up and back without falling. Charles earns four more points for his team. Charles returns the card to the teacher.
NOTE: A player may still toss and hop even if he does not answer the question correctly.
5. Continue play until every student has had a chance to play or for as long as time permits. Questions may be repeated. Total the team's points to determine the winner.

Conclusion

Ask the students how it makes them feel to know that God wants to give them a way that they can be content all the time. Close with a prayer for the students to be thankful this week and pray about the things they are worried about.

Teacher Tips

- If you have a student who is not able to hop, that student can choose and answer questions and throw the object. Have a willing student "pinch hop" for them.
- If you are unfamiliar with the game of hopscotch, have someone who is familiar with the rules to explain it to you.



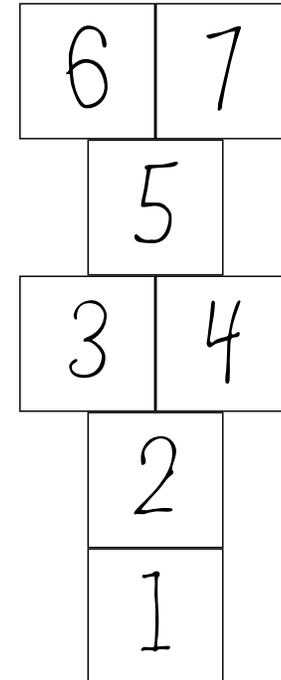
3rd and 4th Grades



Jump for Joy

Questions and Answers

- | Card | Questions and Answers |
|------|---|
| 1 | <i>In what city did the Philippians live?</i> (Philippi) |
| 2 | <i>Who wrote the book of Philippians?</i> (Paul) |
| 3 | <i>True or False: The book of Philippians is really a letter from Paul to the disciples in Philippi.</i> (True) |
| 4 | <i>In what chapter of Philippians does Paul say, "Rejoice in the Lord always"?</i> (chapter 4) |
| 5 | <i>Fill in the blank: Rejoice in the Lord always. I will say it again, _____!"</i> (Rejoice) |
| 6 | <i>Fill in the blank: Do not be anxious about _____.</i> (anything) |
| 7 | <i>Spell "Philippian."</i> (P-H-I-L-I-P-P-I-A-N) |



Extra Questions

Name one key to Paul's secret to being content in all situations.
(prayer; thinking about godly things; being thankful)

Name one other key to Paul's secret to being content in all situations.
(prayer; thinking about godly things; being thankful)

Say Philippians 4:6 from memory. (Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.)



3rd and 4th Grades

Search for Joy

The students will practice looking up passages in Philippians that contain the words "joy" or "rejoice."

Materials

For each student:

- pencil

For the teacher:

- a bag of candy (suggest Almond Joy bars or similar)

Reproducible Pages:

- Page F, 1 copy for each student

Preparation

Complete the activity on your copy of Reproducible Page F.

Instructions

1. Introduce today's activity: *In your Bible Story this week, you learned about Paul's letter to the church in Philippi where he explained the secret of happiness and contentment. Paul loved the Philippians very much and he wanted them to be full of joy. He did not want them to worry or be anxious about anything! In today's activity, you will find the word "joy" and "rejoice" in verses from Philippians and then think about the things and people that gave Paul great joy.*
2. Tell the students to open their Bibles to Philippians. Explain that there are four chapters in this book, and in each chapter, Paul writes at least one reference to joy or rejoicing.
3. Distribute the copies of Reproducible Page F and pencils. Tell the students to circle the word "joy" and underline the word "rejoice." When they are finished, they should raise their hands.
4. Have the students work with a partner or together as a group to answer the questions at the bottom of the page. Use these questions to help the students see how much joy Paul felt for his brothers and sisters in Philippi.
5. Use the Answer Key on the back of this Lesson Card to check their answers as they complete the questions.

Conclusion

Ask the students what things or people give them joy. Offer them a treat such as candy to encourage them for their participation and to make them feel a little joy. Close with a prayer for the students to have joy in their hearts this week.

IMPORTANT: Do not offer candy to the students without obtaining their parents' permission.

Teacher Tips

- Think of additional ways to encourage the students during this activity.

JOY
REJOICE

3rd and 4th Grades

Search for Joy

Answer Key

Instructions: Read the following verses from Philippians. Circle the word "joy" each time it appears. Underline the word "rejoice" each time it appears. Answer the questions at the end.

- | | |
|---|---|
| <p>☺ In all my prayers for all of you, I always pray with <u>joy</u>. (Philippians 1:4)</p> <p>☺ But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I <u>rejoice</u>. (Philippians 1:18)</p> <p>☺ Yes, and I will continue to <u>rejoice</u>. (Philippians 1:18)</p> <p>☺ Convinced of this, I know that I will remain, and I will continue with all of you for your progress and <u>joy</u> in the faith, so that through my being with you again your <u>joy</u> in Christ Jesus will overflow on account of me. (Philippians 1:25-26)</p> <p>☺ Then make my <u>joy</u> complete by being like-minded, having the same love, being one in spirit and purpose. (Philippians 2:2)</p> <p>☺ But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and <u>rejoice</u> with all of you. So you too should be glad and <u>rejoice</u> with me. (Philippians 2:17-18)</p> | <p>☺ Welcome him in the Lord with great <u>joy</u>, and honor men like him. (Philippians 2:29)</p> <p>☺ Finally, my brothers, <u>rejoice</u> in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you. (Philippians 3:1)</p> <p>☺ Therefore, my brothers, you whom I love and long for, my <u>joy</u> and crown, that is how you should stand firm in the Lord, dear friends! (Philippians 4:1)</p> <p>☺ <u>Rejoice</u> in the Lord always. I will say it again: <u>Rejoice!</u> (Philippians 4:4)</p> <p>☺ I <u>rejoice</u> greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. (Philippians 4:10)</p> |
|---|---|

- How many times did you find the word "joy"? 6
- How many times did you find the word "rejoice"? 8
- What is one thing that gave Paul joy? Christ is preached.
- In what verse does Paul call the disciples his "joy and crown"? Philippians 4:1
- In what verse does Paul repeat himself? Philippians 4:4
- In what verse does Paul ask them to make his joy complete? Philippians 2:2
- How do you think that Paul felt about the Philippians? He loved them very much!



3rd and 4th Grades

Core/Preclass

1 copy for each student

Recipe Card

Name _____

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7

Directions: Using the words in the box, fill in the recipe below.

gentleness	petition	prayer
thanksgiving	peace	

Ingredients

1 cup of g _ _ _ _ e _ _ _ _

2 tablespoons _ r _ _ _ r

1 tablespoon p e _ _ _ _ _

3 tablespoons t _ _ _ _ _ _ _ _ g

4 tablespoons _ _ _ c _

Take 1 cup of _____ and spread it all around. Mix together the 2 tablespoons of _____ and the 1 tablespoon of _____. Cover with the 3 tablespoons of _____. Stir in the 4 tablespoons of _____. Continue stirring until smooth.

Directions: Open your Bible to Philippians 4:4-7 and use these verses to help you fill in the missing words.

_____ in the Lord always. I will say it again: Rejoice! Let your _____ be evident to all. The Lord is near. Do not be _____ about anything, but in everything, by _____ and petition, with _____ present your requests to God. And the _____ of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7

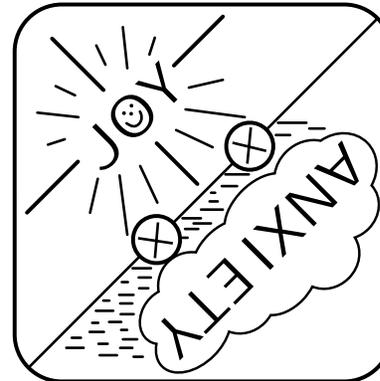
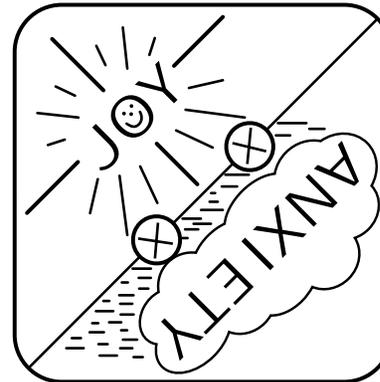
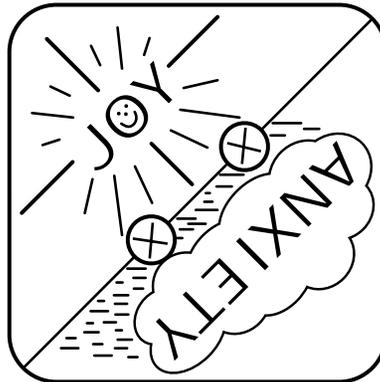
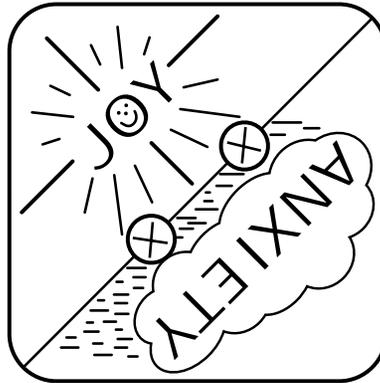
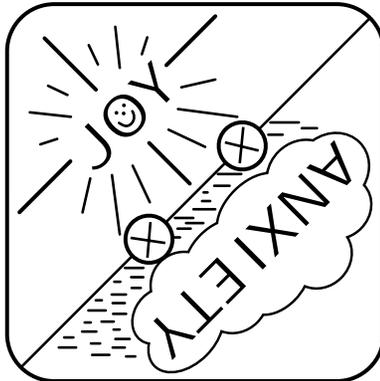


3rd and 4th Grades

Core/Craft

1 copy for every 8 students

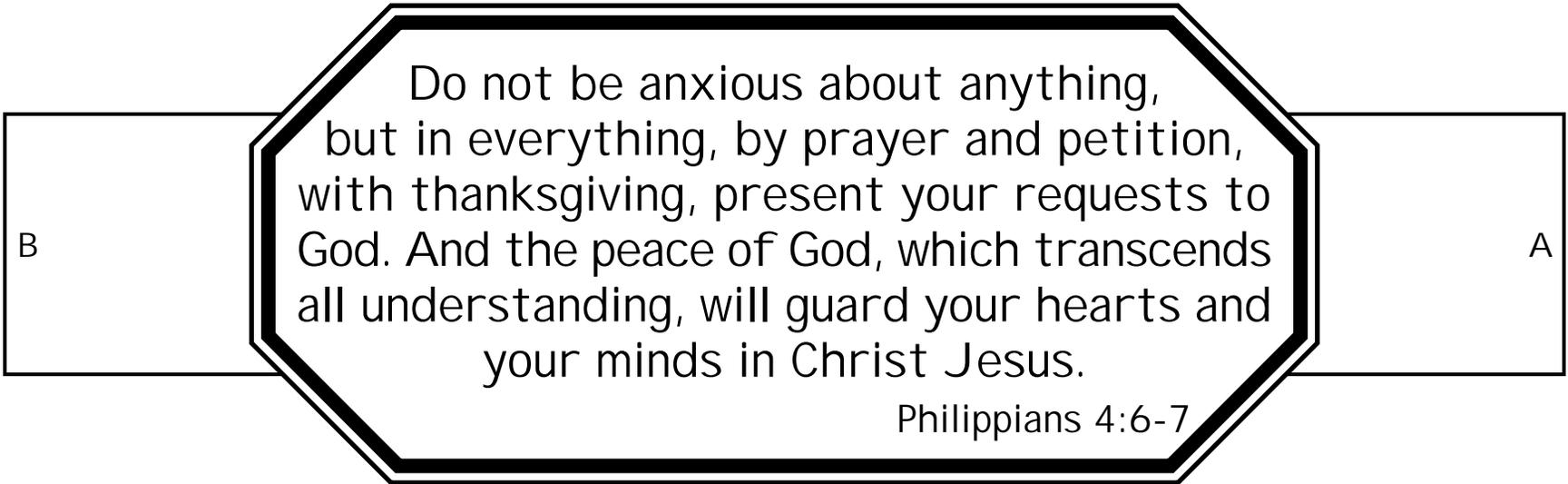
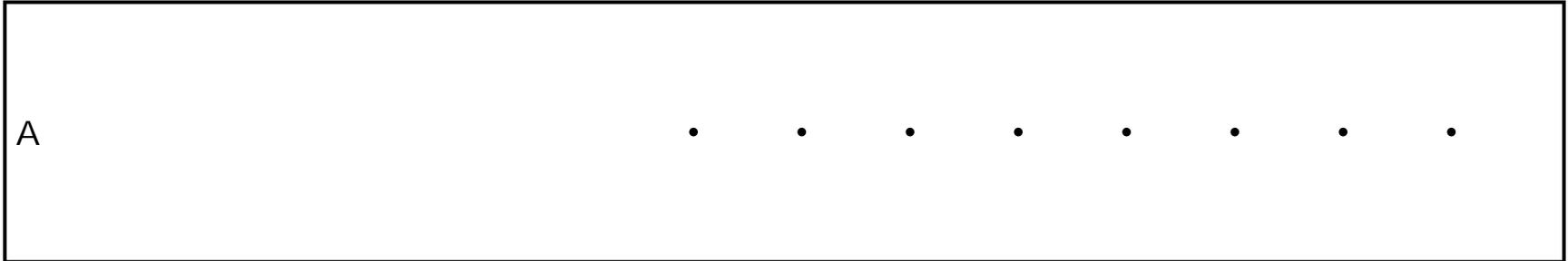
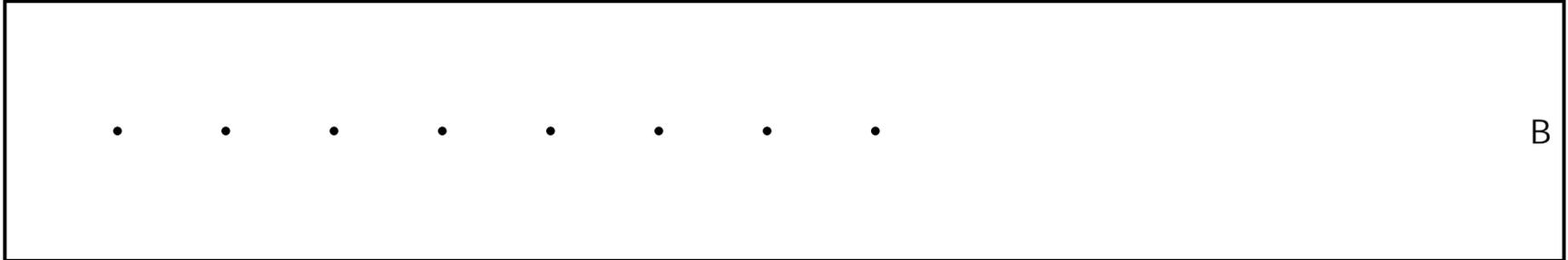
"mood ring" squares



3rd and 4th Grades

Core/Scripture Memory

1 copy for each student



headpiece

Instructions: Cut out the three pieces. Tape the B strip to the B end of the headpiece. Tape the A strip to the A end of the headpiece. Adjust to fit your head and secure with a brass fastener.



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3rd and 4th Grades

Supplement/Life Application

1 copy for the teacher

True

NOBLE

Right

Pure

Lovely

ADMIRABLE

EXCELLENT

Praiseworthy



3rd and 4th Grades

Name _____

Search for Joy

Instructions: Read the following verses from Philippians. Circle the word "joy" each time it appears. Underline the word "rejoice" each time it appears. Answer the questions at the end.

- ☺ In all my prayers for all of you, I always pray with joy. (Philippians 1:4)
- ☺ But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I rejoice. (Philippians 1:18)
- ☺ Yes, and I will continue to rejoice. (Philippians 1:18)
- ☺ Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith, so that through my being with you again your joy in Christ Jesus will overflow on account of me. (Philippians 1:25-26)
- ☺ Then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. (Philippians 2:2)
- ☺ But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. So you too should be glad and rejoice with me. (Philippians 2:17-18)

- ☺ Welcome him in the Lord with great joy, and honor men like him. (Philippians 2:29)
- ☺ Finally, my brothers, rejoice in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you. (Philippians 3:1)
- ☺ Therefore, my brothers, you whom I love and long for, my joy and crown, that is how you should stand firm in the Lord, dear friends! (Philippians 4:1)
- ☺ Rejoice in the Lord always. I will say it again: Rejoice! (Philippians 4:4)
- ☺ I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. (Philippians 4:10)

- How many times did you find the word "joy"? _____
- How many times did you find the word "rejoice"? _____
- What is one thing that gave Paul joy? _____
- In what verse does Paul call the disciples his "joy and crown"? _____
- In what verse does Paul repeat himself? _____
- In what verse does Paul ask them to make his joy complete? _____
- How do you think that Paul felt about the Philippians? _____



3rd and 4th Grades